

# CAPTLET

## AY24/25

SELECT YOUR CHARACTER



TULPAA  
PHOEMIX  
GARUDA  
DRAGON  
AOC

BROUGHT TO YOU BY  
CSC PUBLICITY







## COLLEGE OF ALICE & PETER TAN

National University of Singapore

With Fellow CAPTains, I uphold the College's values:  
Integrity, Audacity, Compassion, Teachability;  
and I ACT to engage communities as an active citizen.

I am the steward of my personal growth  
and I ACT upon opportunities.

I am integral to the College Community  
and I ACT to reach out to its members.

I endeavour to actively contribute to the College,  
for I am a CAPTain, and will always be one.



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# SELECT YOUR CHARACTER:

## RECTOR'S NOTE



Mr Keith Chua

Dear CAPTains,

I trust each one of you have found the year meaningful and fruitful. Our Community Engagement programmes will have brought new experiences for many of you. A caring and compassionate society evolves over time. This starts with each individual shaping values, adjusting priorities and effecting positive change. Balancing your time is necessary to extract the fullest value from your CAPT experience. Your different courses will require sufficient time for study, for research, for assignments, for exams. Participation in the College CE and other activities will require good time management.

Some views on Global political developments express the concern that we are moving away from a rules based order. For decades, Singapore has benefitted from political and economic stability. As an open economy, we were able to build and develop free trade with many partners countries. Some of this is recently changing and we will yet again need to find our way in an uncertain and less predictable world.

Hope and perseverance kept us going and growing in our formative years as a nation. As we celebrate 60 years and beyond, this same approach will help us face the future.

The CAPT CE programmes enables us to bring hope and comfort to many in our midst. Let us keep up the engagement for the needy and vulnerable and play our part toward a more inclusive and caring society.

FLIP TO  
VIEW!!!!

By the time you're reading this message, I will have been in CAPT for six years! It feels like only recently that I moved in. Notwithstanding that we had to go through COVID-19 pandemic and all its restrictions, I have still enjoyed and cherished every moment of my stay here in CAPT.

Quite a lot has happened over the past year. We bid farewell to two of our fellows, Sue Koh and Kevin McGahan, early in the academic year. Sue was instrumental in building up ACE in the college, while Kevin was one of the fellows who spearheaded STEER Myanmar in the early years. We welcome back Patrick Wade as our newest fellow who joined us in January 2025. (Do note that I wrote welcome back, as Patrick was our IEM lecturer back in 2016/17).

I know this year's theme is based on games, and usually one has to chalk up points to win at a game. However, I would like to urge you to not treat your stay here as a game where you have to chalk up your 30 hours of engagement to fulfill your UTCP requirements. I would hope that you will continue to be faithful engagers even after you have won your game, so to speak.

Finally, I just wanted to ask you to join me to wish our CAPTain Angsana a happy belated birthday – he turned 2 early this year, and has been very much a part of our CAPT family. I was recently informed that when a hopeful candidate for CAPT was asked during the interview how she heard about our college, she mentioned it was because of our 'chipmunk'! In case you did not know, CAPTain Angsana is a flying squirrel! I would like to thank the Editorial Team for preparing this edition of CAPTlet and I very much look forward to reading it.

p.s. as part of our dance at the Farewell Dinner, we were supposed to form the letters CAPT at the end but we missed it....I am reproducing it here for you!

## MASTER'S NOTE



A/P Gary Tan



# SELECT YOUR CHARACTER:

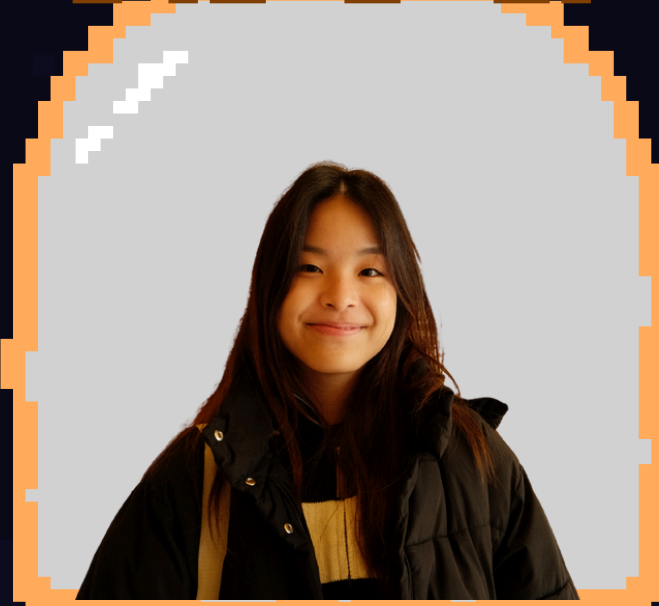
## PLAYBACK:



Master Gary, Dr Toh, Xin Yi and Ji Wei forming CAPT during their Farewell Dinner dance.

WATCH  
MORE?

## EDITOR'S NOTE



Isabelle Choy

Presenting the 3rd Edition of CAPTlet!

University life truly flies by, and AY24/25 has been no exception. As fleeting as the year has felt, we hope this edition of CAPTlet invites you to pause, reflect, and take a stroll down memory lane, reliving the events you joined and the people who made CAPT feel like home.

This year's theme is "games", brought to life through the creativity of our amazing designers and journalists. Whether it's a nod to classic board games or digital adventures, each page captures the playful spirit of our college community. After all, if life is the ultimate game, our twenties may feel like the hardest level yet, but we hope CAPTlet reminds you that games are meant to be fun, shared, and full of heart.

A huge thank you to my incredible team: Ethan, Karys, Alma, Alya, I-Yin, and Kaylie, for your tireless dedication: from gathering responses (sometimes desperately), to refining endless drafts and layouts. I am also deeply grateful to the 13th CSC Publicity Committee for their unwavering support, especially our Director Erika, for always stepping in when things got tough.

Finally, thank you to our fellows, professors, staff, and every CAPTain who contributed in one way or another. CAPTlet is only possible because of you.

Enjoy flipping through the memories and we hope they bring you smiles, laughter, and a sense of home.

With love,  
Isabelle

CONFIRM  
CHARACTER?!



► PEOPLE OF CAPT  
FEATURES  
EVENTS



Mr. Ng Keng Boon



Favourite Memory

Setting up Seminar Rooms for the 1st day of class when CAPT officially opened for operation about 10 years ago.

Advice

Be happy, enjoy the current moment.

Best CAPT Secret

Digging through alternative finance like Cryptocurrency. Go walk in the parks, enjoy nature.

Best Childhood Game

One Leg

Ms. Lee Meng Choo



Favourite Memory

STEER Botswana 2018 – First STEER trip and first visit to the African continent.

Best CAPT Secret

UTown used to have an eatery called 2359. I really liked the baked rice and had it about once a week.

Best Childhood Game

Hopscotch and Zero Point.

HOW FAR WILL YOU GO TO BE THE PERFECT CAPTAIN?



THE CAPTAIN DREAM

STAFF EDITION

Ms. Defie Tanoto



Favourite Memory

Joining Open Mic & performing with Master & CAPTains!

Advice

Incoming CAPTains: Enjoy and create lots of memories!  
Outgoing CAPTains: Enjoy and cherish all the memories <3

Best CAPT Secret

Since it is BCS, Shouldn't it be kept a secret then? Haha!

Spice Tolerance (1-5)

5 DEFINITELY!!! Mala is Da La and always chilli padi on the side!!! #BURN

Ms. Ho Mei Hui, Serene



Advice

Outgoing CAPTains: Take a moment to reflect on the experiences and friendships you have made!

Best Childhood Game

Hide and seek! I liked finding a good hiding spot and trying to outsmart my friends.

Spice Tolerance (1-5)

About 2 out of 5. I can handle a bit of heat, but I prefer it mild.

Mr. Nigel Lee



Favourite Memory

None that I can think of so far as I just joined a year ago.

Advice

Take advantage of every opportunity that you are given, don't let it go to waste and be a better person.

Best CAPT Secret

Collecting action figures.

Spice Tolerance (1-5)

3.



## Ms. Wong Soon Fen



### Favourite Memory

The STEERs I have done with CAPTains, and one that stands out among all the STEERs would be SI-STEER Nepal 2018...where the ideation of then three SI directors (Benson Leom, Lau Shi Yun and Tan Hui Ying) aligned with my dream for a STEER Nepal.

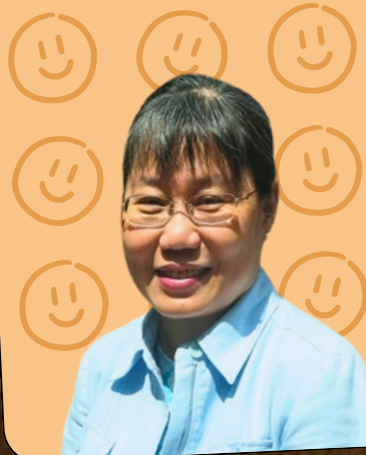
### Best CAPT Secret

I used to be a PE teacher :-)

### Best DH Enhancement

Oatside oat milk

## A/P Tambyah Siok Kuan



### Favourite Memory

The opportunity to teach a junior seminar on happiness! It's exciting to be a part of the CAPTains' journeys of discovery about happiness and life. Their honesty and insights give me hope for our collective future.

### Advice

Breathe, and enjoy the ride.

### Best Childhood Game

Playing "catching" with my neighbours in the back alleys of my childhood home in Everton Road

## A/P Seow Teck Keong



### Most Grateful For

The collegiality among the College Fellows is second-to-none. We might have different opinions about how things should be and how things are done, voicing our opinions with great enthusiasm, ending up with agreeing to differ, but we do not take the differences personally and remain as good friends.

### Best CAPT Secret

Few CAPTains—even Fellows—know this: the waterproof blinds at the Bermuda Triangle are rain-activated by a sensor on the residential building. In theory, someone near the RC4-facing lift lobby could trigger them by pouring water out the window onto the sensor.

## Dr. Toh Tai Chong



### Favourite Memory

Dancing to Kpop with my Tulpie residents and RAs in one of the FOC finales. I don't know how to dance, but the Tulpies were very patient with me.

### Advice

Incoming CAPTains: Try new things and know new people. CAPT is a nurturing space for you to grow.  
Outgoing CAPTains: Keep in touch with your CAPT friends and fellows. Come back to visit!

### Best CAPT Secret

I am a certified SCUBA dive master, a professional certification that allows me to lead dives.

HOW FAR WILL YOU GO TO BE THE PERFECT CAPTAIN?

# THE CAPTAIN DREAM

PROFESSOR'S EDITION

## Dr. Misty So-Sum Wai-Cook



### Favourite Memory

Spending time with Garudians 🐉

### Best DH Enhancement

Oat milk

### Best Childhood Game

Hopscotch

## Dr. Daniel Jew



### Most Grateful For

We have a very collegial, student-focused Fellowship who get along well with one another - supported by an excellent staff team, and wonderful RAs, who really go the extra mile. The student body probably senses all this!

### Best Childhood Game

My 'boomer' gen played a lot of Risk - I went by Toys 'R' Us recently to help my sons get a birthday present for their friend, and saw that it's still going strong!

### Best DH enhancement

Premium ice cream truck (mmm Mao Shan Wang), as it helps create a really nice, carnival atmosphere.

## Dr. K



### Advice

CAPT is shaped by CAPTains! So, keep your learning minds open and take responsibility in shaping it.

### Best CAPT Secret

I love walking down the path (unshaded) from CAPT to UTown bus stop and I tend to take it even if it is longer and I am running late for a meeting 😊

### Best DH Enhancement

Favourite DH enhancement would be the assortment of mochis they started last AY 😊

## A/P Reuben Wong



### Favourite Memory

Taking CAPTains on overseas study trips, has resulted in the most memorable moments. Especially visiting Auschwitz in 2015 in Poland; going on safari and experiencing the roar of the Victoria Falls in Zimbabwe in 2018; and interacting with Bosnians in 2019.

### Best CAPT Secret

My 4 kids have really enjoyed growing up with CAPTains. First visiting me often in the CAPT general office and going for formal dinners 2012-19 (one went on STEER Botswana 2018 with me), then actually staying in CAPT when I moved in as RF in 2019.



## A/P Tan May Chin, Theresa



### Favourite Memory

Being a 'pioneer' fellow and being involved in the 'starting' of the college.

### Advice

Relax, you are doing fine. Live and enjoy the present.

### Spice Tolerance (1-5)

Zero! I cannot take anything that is spicy at all. hahaha.

### Best Childhood Game

Five stones.

## Dr. Patrick Wade



### Advice

Follow your dreams but don't be afraid to pivot as your priorities and passions change! Also read more books :)

### Best CAPT Secret

I have been practicing yoga (on and off) for more than 10 years! I'm far more flexible than I look. I also really enjoy high quality coffee and use an aeropress for my morning cup.

### Spice Tolerance (1-5)

Around 3 or 3.5. Jalapenos are my favorite chili flavor but I also love Indian curries, laksa, and gochujang.

## A/P Tan Lai Yong



### Advice

Make time to make good friends and be a good friend.

### Most Grateful For

Opportunities to learn and lead eg Kindle, CAPTslam, Constellation, STEER Nepal - to be in situations which I would otherwise not have been in.

### Best CAPT Secret

UTown is lovely from 6am to 7am sunrise time for morning walks and jogs.

## Ms. Athel Jenell Hu Jiamin



### Favourite Memory

When some UTC2412 Mental Wellness students wrote in to let me know that the course helped them feel better by the end of the course, it really brought tears to my eyes.

### Advice

Take care of your joints so you won't have all these aches and pains when you are in your 30s and 40s!

### Best Childhood Game

My childhood was kind of boring - kind of a TV monster more than a "gamer". But I love monopoly!

## Dr. Vania Yip Ting



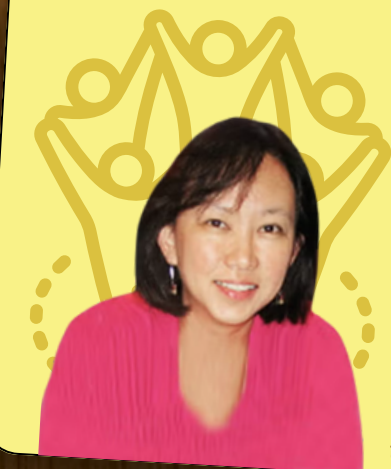
### Most Grateful For

The CAPT community - students, colleagues, community partners. The camaraderie shared, warm exchanges, and collective spirit of curiosity and care for the communities around us.

### Best CAPT Secret

I love spending time with young children - I become a slightly silly, comedic version of myself around them! Finding creative ways to engage them in learning brings me joy. If I weren't a lecturer, I'd probably be in early childhood education! :)

## A/P Thang Leng Leng



### Favourite Memory

Over the years, I've supervised several Capstone projects and continue to be impressed by the creativity and capabilities of CAPTains. One project that stands out was a smartphone learning programme for elders on campus. The elders deeply appreciated the CAPTains' patience and genuine interest in their lives.

### Advice

Incoming CAPTains: CAPT life is not just about learning and living on campus, take the opportunity to savour CAPT's unique overseas program, and the community engagements to interact with diverse groups and people that will contribute to your learning and growth.

## Dr. Lavanya Balachandran



### Advice

Trust your intuition!

### Most Grateful For

The opportunity to teach smaller classes and offer courses on topics that I am passionate about!

### Best CAPT Secret

Being an avid practitioner of Indian classical music 🎵

### Best Childhood Game

Hangman

## Ms. Angie Tan



### Advice

Balance looks different for everyone, so take time to find yours. Academics matter, but so do friendships, play and the joy of learning beyond academics.

### Favourite Memory

The study trips I took with students stands out most. They were always intense - packed with learning, adventure, and HTHTS - but incredibly fulfilling.

### Best CAPT Secret

Not many people know this about me, but I love cooking and baking when I have the time. Recently, I tried making Japanese milk bread for the first time, and it was yummy!

## Dr. Lai Chiu Yun, Joelle



### Advice

To worry less about what I can't control, and trust that some things are better left to unfold on their own.

### Most Grateful For

The supportive environment in CAPT that allows me to teach courses that are interesting to me, and hopefully interesting to students! As well as the many ways CAPTains and Fellows can interact, fostering a relationship that goes beyond the classroom.

### Best CAPT Secret

I like watching sumo! And I don't know anyone who does, at least not in my circle of friends.



“This year, we introduced more casual, laid-back sessions like ice-cream parties and baking welfare, inspired by inter-subcomm bonding activities that were done during ACE camps.”  
Zachary, Training & Development Vice Director

“As the largest Community Engagement (CE) committee in CAPT, we strive to make CE accessible, nurture empathy, and support our members in their journey of leadership and growth. By empowering CAPTains to take ownership of their experiences, we aim to inspire positive change within both the communities we engage with and our Wing.”  
Magdalene, ACE Director

ACE



CSC

“Over time, we realised the importance of getting to know each other and building up our relationship as friends beyond work. We organised bonding sessions and hung out leisurely too. Dr Misty often says that we need to meet more to “talk nonsense” without our laptops, and times like these allow us to unwind, take a break from CSC’s stressful responsibilities, and remember that it is also important for us to have fun while doing the work we do. I hope the next CSC can have fun together, find purpose and fulfilment in their roles and keep striving to learn and grow life skills!”

Ian, CSC President

CLUB

“ClubSocs is the center of CAPT’s vibrant Arts & Culture scene! We aim to create an inclusive environment where everyone can participate in a wide range of artistic activities, no matter their level of experience.”  
Xuan Yi, ClubSocs Director

“Whether it’s supporting the formation of new interest groups or organizing fun and unconventional performances for the Arts Showcase, I encourage future committees to boldly challenge the norm.”

Ivan, Finance Secretary (ClubSocs)

SOCs



PUBS

“The people in CSC Pubs make me look forward to every meeting, whether it’s committee-wide or at a subcommittee level. It is really uplifting to see everyone consistently trying their best to learn and grow! If I had to name one, the most memorable moment would be the last committee meeting of Semester 1, when I brought in a box of Subway cookies for an impromptu end-of-sem welfare session! It was heartwarming to celebrate our achievements together over the semester, be it big or small.”

Erika, CSC Publicity Director







SAC

“SAC, as a committee, especially resonated with me due to the nature of its events, which are very student-centred, allowing me to see the impact on CAPTains and the CAPT spirit firsthand. My experience in SAC (in Year 1) really helped me find my passion in serving others around me through event planning and the close-knit community, allowing me to become a better leader and person. I hope that future batches of SAC can continue to find that balance between laughter, joy, and and growth — even when the going gets tough! I felt really blessed to witness the growth of the 13th SAC welfare committee.”

Kelyn, SAC Director



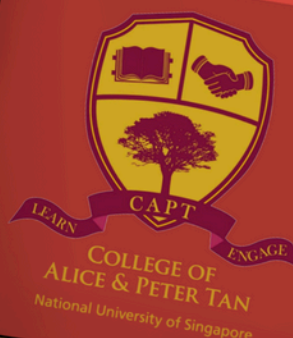
CSC



## COMMITTEES

In AY24/25, CAPT had 11 student-led committees working hard behind the scenes to deliver exciting events, unique opportunities and one-of-a-kind experiences for all CAPTains!

## A PRODUCT OF CSC PUBS



“Leading Sports Comm has taught me to be more organised, especially when managing multiple events. It is challenging to ensure that we cover every detail when planning them. My most memorable moment would have to be ING. Seeing the events that the Sports Committee planned come to life, and witnessing CAPTains enjoying and bonding through sports was extremely gratifying — it felt like all our hard work truly paid off. I’m incredibly grateful to the Sports Comm team for their support and teamwork.”

Tze Kai, Sports Committee Director

SPORTS



SI

“If there is a cause you're passionate about but haven't found the right platform to give back, or maybe you're just curious about exploring innovation while making a difference — either way, SI is the place to turn ideas into action. My favourite memory was when the seniors from Methodist Welfare Services visited us at CAPT. For one activity, we translated slang like “she ate” into Mandarin, which was hilarious! The atmosphere was so warm and lively, some elderly even danced and sang as they entered the Dining Hall for the final segment of that day. It was truly a heartwarming and wholesome experience!”

Yanyu, Student Innovation Director



EXA

“As EXA works closely with both CAPT Alumni for our alumni events and other Residential Colleges (RC) for Inter-RC events, I often had to communicate with different groups of people, which sometimes could be quite tiring. I found it difficult at first but slowly, as I gained more experience, it became easier for me to approach people and to communicate with them. If I could give some advice to future batches of EXA, I would say: be creative and bold about your ideas! Never be afraid to bring in new ideas, as EXA is a committee that allows you to execute your ideas into reality!”

Marcella, External Affairs Committee Director





“CAPT Ambassadors are dedicated to extending the CAPT experience to potential students and the public. Our key events include Family Night and hosting other schools and organisations when they visit CAPT. Most importantly, we work hard and play hard!”  
Nicholas and Claire, Ambass Directors

“Ambass is a very nurturing place to grow, make friends and VIBE. An example of this is Family Night! You would think that leading up to Family Night, we would be very serious, but we actually still had fun while doing work. I hope the next Ambassadors have as much fun and excitement as we did!”

Gabriel, Publicity Member and Rishabh, Programmes Member

# AMBASS



# CSPT

“Balancing CAPTSupport (CSPT) work with our own commitments can be tough. Sometimes, it feels like we are so busy helping others that we forget to check in with ourselves. But with each other, we lean on one another for support, step back when needed, and keep reminding ourselves that the process is always more important than the results. My hope for the next committee is to grow CSPT as a culture, not just a committee – for mental health conversations to be as normal as chatting about our everyday lives and for every CAPTain to be a peer supporter. Remember – it’s okay to not have it all figured out, you got this!”

Tiffany, CAPTSupport Director

# TOWN

“My favourite part about being in Townsquare was seeing the growth of our mentees throughout our journey! Many of our mentees stepped into our programme feeling unsure about their potential as leaders. However, they slowly grew in confidence and in their leadership skills. On the last day of our school engagement during the Chiang Mai trip, it was bittersweet to part ways with the students, but I felt heartened to know that we brought joy to their usual school days. It reminded me that we can spread joy by being present and having fun with our mentees. I hope that CAPTSlam Townsquare continues to have a passion for developing youths and upkeeps the spirit of mentorship.”

Nadia, CAPTSlam TownSquare Director

# SQUARE



# KAMAL

“Every week, CAPT Kamal meets to prepare for our service learning trip to Bangalore, India. We have bonding sessions to get to know each other better and build stronger connections. Other times, we learn about engaging with youths and understanding Bangalore’s culture, helping us grow cultural humility. We also spend time planning activities for the youths we’ll be working with.”  
Tay Yong, Kamal Director

Josalyn, Programmes Head



# QUEENS

“I learnt that being a leader is about creating a comfortable environment where everyone feels valued by recognising the strengths of each individual, and giving them the opportunity to contribute meaningfully. It is about inspiring and encouraging everyone to collaborate and work together towards a common goal, all while having fun and enjoying ourselves in the process!”

Xin Yi, CAPTSlam Queensway Director



# WAY





# **ACE Subcommittees**

**WE ARE NOT REALLY STR-ACE-ERS**



## ACE Elderly

WE ARE NOT REALLY STR-ACE-ERS

### About Us

ACE Elderly is an ACE subcommittee which aims to build and facilitate intergenerational connections between CAPTains and the senior community at the SASCO @ West Coast AAC. We conduct activities such as outdoor journeys and cooking sessions to allow the seniors and CAPTains to bond, share, and learn from one another.

### Favourite Memory

"One of our favourite memories was the "Bingo & Karaoke" session, where we sang many classic songs such as 一剪梅 (Yi Jian Mei) and River of Babylon. It was especially heartwarming to see one of the seniors, who had been quite reserved during Bingo, step up and perform during the karaoke segment."  
~ Yixiang and Renfred, Project Directors of ACE Elderly



### About Us

ACE Homes engages with rough sleepers through two community partners, Good News Community Services (GNCS), and Homeless Hearts of Singapore (HHOS). With GNCS, we interact with residents living under the Joint Singles Scheme at GNCS-Bedok. With HHOS, we engage rough sleepers throughout Singapore, befriending and handing out items to them.

### Favourite Session

"One of our favourite sessions was our first GNCS session, where we enjoyed doing calligraphy with the residents for Chinese New Year. Additionally, we had the pleasure of sharing special food and were pleasantly surprised with homemade baked goods from some of the residents! Overall, our engagements with the residents and rough sleepers were filled with hearty laughter and meaningful conversations."

~ Haris and Ananya, Project Directors of ACE Homes



## ACE Homes

WE ARE NOT REALLY STR-ACE-ERS



## ACE Kindle+

WE ARE NOT REALLY STR-ACE-ERS

### About Us

ACE Kindle+ is a mentoring programme that engages foster youths ages 13-16 and aims to inculcate meaningful values and encourage growth in mentees through weekly engagement sessions. Through the program, CAPTains would be able to develop and hone their mentoring skills and gain deeper insights into the challenges faced by foster youths.

### Favourite Moment

"One of the most memorable moments with the foster youth mentees was during a football game. As we played, one of the mentees began to open up, sharing things he had never expressed before. The sport became a way for him to connect and feel safe enough to talk about his struggles, reminding us of the power of shared experiences."

~ Joanie and Vanessa, Project Directors of ACE Kindle+



## ACE Kindle

WE ARE NOT REALLY STR-ACE-ERS

### About Us

ACE Kindle is a mentoring programme designed for foster children aged 9-12, to foster personal growth and meaningful values. Each session focuses on one of our core Kindle values, such as resilience or empathy. Through engaging activities and games that help children develop a deeper understanding of these principles. We hope that Kindle can be a safe space for children and mentors to play, learn and grow.

### Favourite Memory

"Every second spent with the children and with one another is a core memory. From meaningful conversations and reflections to games and craft activities, it was heartening to see the children and engagers opening up to each other. The children's eager participation and their initiative in leading activities were also precious moments for us. It showed their growth and affirmed our hope of building a safe space for both engagers and children."

~ Anna and Davina, Project Directors of ACE Kindle







## ACE Migrants

WE ARE NOT REALLY STR-ACE-ERS

## About Us

ACE Migrants creates opportunities for CAPTains and migrant brothers to have meaningful interactions and shared learning experiences together. We aim to create programmes which effectively develop the interconnectedness between migrant brothers as well as foster the growth of CAPTains. We collaborate with the Ministry of Manpower (MOM) in their school outreach programme, and hold activities at dormitories and recreational centers.

## Favourite Session

"Our favourite session was definitely when we played cricket with the migrant brothers. Cricket is a sport many of them are deeply passionate about, and they were excited to teach us the basics. Throughout the day, they shared personal experiences of playing cricket back home. We even played a full match together, with cheers and excitement echoing all around. It was heartwarming to see the migrant brothers enjoying the opportunity to share their culture with us, and everyone having fun during the game."  
~ Glenn and Yize, Project Directors of ACE Migrants

## About Us

CAPT in Silence is a committee dedicated to building meaningful connections with the d/Deaf community through our collaborations with SAdDeaf and Beatty Secondary School. Guided by our vision and mission, we strive to foster an inclusive space where mutual empowerment and shared learning thrive.

## Heartwarming Moment

"One of the most heartwarming moments was when a SAdDeaf client gave us individual sign names during one of our sessions based on certain unique characteristics of each of us. (e.g. our features, courses of study, and hobbies)"  
~ Juliet and Rulin, Project Directors of CAPT in Silence

## CAPT in Silence

WE ARE NOT REALLY STR-ACE-ERS







## CAPT in the Dark

WE ARE NOT REALLY STR-ACE-ERS

## About Us

CAPT In the Dark (CITD) is an ACE subcommittee which aims to equip CAPTains with empathy towards the visually-impaired (VI) community. Through building friendships with VI individuals, we hope to instill confidence in them and guide them in self discovery. Through our curated events and workshops we hope to provide both CAPTains and the VI community the skillsets to dare to explore beyond their comfort zones.

## Favourite Memory

"One of our most memorable and favourite sessions was the Dialogue in the Dark tour. We had the chance to put ourselves in the shoes of the visually impaired students, as the tour was conducted in complete darkness. We were forced to rely on our sense of touch and hearing to navigate a maze-like interior and participate in various activities."  
 ~ Irvin and Rui Xi, Project Directors of CAPT in the Dark

## About Us

Through facilitating interactions between CAPTains and special needs children, we empower CAPTains with new experiences that allow them to learn more about the special needs community, while delivering content (such as science or values) that supports the APSN students' learning.

## Favourite Memory

"One of the most heartwarming moments was seeing how the APSN students noticed when certain engagers were absent and would eagerly ask about them. It showed how much they had grown attached to their mentors, making them feel like an essential part of their learning journey."  
 ~ Janson and Sarah, Project Directors of CAPT Spark

## CAPT Spark

WE ARE NOT REALLY STR-ACE-ERS





## CAPT Renew

WE ARE NOT REALLY STR-ACE-ERS

### About Us

CAPT Renew is an exploratory committee under the ACE Wing which aims to initiate meaningful engagement with halfway house residents at HEB-Ashram and be a part of their rehabilitation and reintegration process. Getting back into society isn't easy after years away, but with support and understanding, we can help them feel at home again!

### Favourite Memory

"A favourite memory is definitely spending time having breakfast and baking cookies with the residents. It opened up many authentic and genuine conversations, allowing the engagers to connect with them on a deeper level. The residents also expressed their gratitude, which was truly heartwarming."  
~ Gabriel, Project Director of CAPT Renew



### About Us

ACE Constellations is an ACE subcommittee that aims to meaningfully engage boys from the Singapore Boys' Hostel through a universal language - music! Through teaching them guitar, we aim to start meaningful conversations to inspire the boys to live up to their greatest potential, and to be inspired by their stories! We aim to cultivate deeper reflection habits in our engagers to greater understand our position in society.

### Favourite Memory

"A favourite memory of ours is playing dodgeball with the boys, jamming to funny songs on full blast (such as "Let It Go"!), and getting to know their music tastes and personalities better. It is always fulfilling to see them open up and enjoy our time together."  
~ Brandon and Jody, Project Directors of Constellations

## Constellations

WE ARE NOT REALLY STR-ACE-ERS







## About Us

PACE stands for People and Animal Community Engagement. We are dedicated to engaging with and caring for the stray dog community in Singapore. Through meaningful interactions such as feeding, walking, administering medication, and providing simple physiotherapy, we bring joy to both the dogs and our volunteers. PACE offers a rewarding experience for those passionate about animal welfare, providing hands-on opportunities to connect with and learn more about these lovable companions.

## Favourite Memory

"One of the most memorable sessions was when we brought the dogs to the dog water park. It was so heartwarming to watch them enjoy a day of pure joy in the water with their friends, knowing that such opportunities don't come easily for them."

~ Angela and Maegan, Project Directors of PACE

**PACE**

**WE ARE NOT REALLY STR-ACE-ERS**

**Stella**

**WE ARE NOT REALLY STR-ACE-ERS**

## About Us

We engage with upper primary children from disadvantaged backgrounds, aiming to empower them through values-based mentorship, along with giving them and our engagers a space to forge long lasting memories. This year, our community partners are Boon Lay Youth Network and Tasek Academy and Social Services.

## Favourite Memory

"Our favourite moment was making air-dry clay keychains with our mentees. For an activity centred around the value of kindness, everyone made keychains for each other. It was heartening to see the thought and effort that went into capturing each person's preferences, and how the activity helped everyone open up and get to know one another better."

~ Paige and Taniska, Project





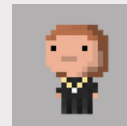
# CAPT

# NEIGHBOURHOODS

## TULPAR

CHAT; FONGSENG?

### WHAT IS YOUR FAVOURITE MOMENT IN TULPAR AND WHY?



Cheng Kai, Yue Jie (House Heads)

Having suppers with our friends - simple, but meaningful. It's when we unwind, share laughs, and bond over good food. Seeing friendships form and knowing our efforts help create a welcoming space is very rewarding. Even small moment, like someone saying they had fun, make it all worth it.

### RECOUNT ANY FUNNY/ MEMORABLE STORIES.



Xin Yi (Resident Assistant)

1. Dressing up as NS men for welcome back dinner #ahboysTULmen
2. 8am breakfast jio 😊😊👍 #healthyliving

### WHAT EVENTS DID YOU PLAN FOR TULPAR THIS YEAR? RECOUNT YOUR EXPERIENCE!



Ezann (House Committee Member)

I planned Assassins, where we throw ping pong balls at each other to "kill" each other! It was really fun planning this event because the event in itself is super playful! What made it more fun was the creative portion where we incorporated Squid Game into the event since Season 2 had just dropped. I was happy that everyone had a good time and the grand reveal was really funny when everyone realised who the spies were.



# PHOENIX

WE ARE PHOENIX, AND WE  
ARE PHOE-NOMENAL! 🔥



# GARUDA

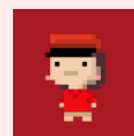


GARU BAKES, MISTY COOKS

WOULD U RATHER SIT ON  
CAKE OR EAT CAKE



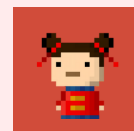
## WHAT HAS BEEN PARTICULARLY REWARDING ABOUT BEING HOUSE HEAD?



Ashton, Nicole (House Heads)

Something that has been particularly rewarding is seeing my firebirds - whether they are Y1s, Y2s, or even seniors - take pride in Phoenix and having a good time here. From fighting hard during FOC games, to cheering each other on during ING, to the noisy and chaotic ANM and assassins events, all these memories felt very rewarding. My main goal as a house head was to make Phoenix a place where all firebirds can feel comfortable and have a good time!

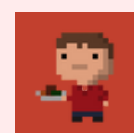
## RECOUNT ANY FUNNY/ MEMORABLE STORIES.



Mavis (Resident Assistant)

I would say that the L12 supper at Alman's would be one of the most memorable moments for me hehe. I think that was a really sweet memory!

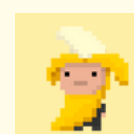
## WHAT EVENTS DID YOU PLAN FOR PHOENIX THIS YEAR? RECOUNT YOUR EXPERIENCE!



Yifei (House Committee Member)

One memorable experience was Night PHOE-ver, where Phoenix residents came together for a cozy potluck, karaoke, and games - wrapping up our ING sessions on a high note. Though I wasn't directly involved in planning, I helped set up the lounge, making sure everything was ready for a great time.

## WHAT IS YOUR AIM FOR GARUDA THIS TERM AND FOR THE FUTURE OF THE HOUSE?



Isaac, Troy (House Heads)

When we started our term, both of us set the goals of keeping the vibrant culture in Garu alive (thanks seniors!), because as Troy would say: "Garu got vibes". People in Garu feel a strong sense of community and have a playful, fun-loving vibe. We wanted to keep things that way.

## RECOUNT ANY FUNNY/ MEMORABLE STORIES.



Marcus (Resident Assistant)

My favourite memory was when everyone got together to eat hotpot for the first time. Everyone was tasked to contribute a food or drink item of their initial, and the event felt like a demonstration of the impact that each individual has on our shared Garuda culture! Bonus: I loved that the level 10 boys dressed up together as Spiderman and did the meme! #funniest #mostwholesome #lv10boys

## RECOUNT ANY FUNNY/ MEMORABLE STORIES.



Eliora (House Committee Member)

Angels & Mortals was the event where a lot of funny memories were made just because of the nature of the event! People were going around pranking each other by doing things like taping up their doors so they couldn't go out or giving their mortals funny challenges to do, such as shouting and dancing in the food court!



# DRAGON

USE LAUNDRY BOT

W1 DONE



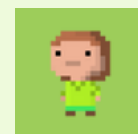
# ROC

JINFENG=MORGANA

SUG



## HOW HAS YOUR TERM BEEN AND WHAT'S YOUR FAVOURITE MEMORY IN DRAGON?



Jayden, Leanne (House Heads)

Our term has been eventful! Right when it just started, we already made a core memory during FOC - getting buckets of water dumped on us. Throughout the AY, it has been rewarding to get to know the house members better through events planned by the House Comm. Our aim for the house has always been to create a space of comfort, support and community, which we think we were pretty successful in achieving!

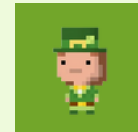
## WHAT INITIATIVES/EVENTS DID YOU HEAD THIS YEAR & RECOUNT THE EVENT.



Pranaven (Welfare Subcommittee Member)

The Welfaries planned Acai Night which was a big hit with Dragons! Everyone came together to create their own acai bowls from a variety of toppings, like yoghurt, blueberries, granola and Biscoff sauce. Many even ended up coming back for seconds while hanging out and catching up with each other, making it a relaxing and enjoyable evening for all!

## RECOUNT ANY FUNNY/ MEMORABLE STORIES.

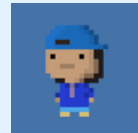


Jordan Mitchell Chan (House Member)

My band of four was going to perform at Dragon Open Mic but did not really know what to do. Somehow, the idea of playing the Naruto opening theme song on the piano, and doing the Naruto run, came up. After many "if you do it, I'll do it"s later, there was a group of more than 15 Dragons running through the entire Flying Seed in a line. It was unexpectedly fun and chaotic, especially since we didn't know when to stop because the song kept looping!



## WHAT'S YOUR FAVOURITE MEMORY IN ROC?



Joelle, Nicholas (House Heads)

For me, I feel that my favourite moment as a House Head was during week 0, post-FOC. All the hard work and planning over the summer was intense and stressful, but seeing the freshmen enjoy all the activities (like Beach Day, Ikea Run etc.), and watching them bond not only within their OGs, but across the house, made my team and I feel a great sense of accomplishment.

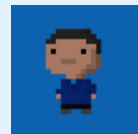
## RECOUNT ANY FUNNY/ MEMORABLE STORIES.



Omar (Resident Assistant)

Honestly everyday was funny, but the one that stands out most was when we were all in the DH and Xingyu walked in with 3/4 girl friends and all the boys at the table just stood up and greeted him.

## WHAT INITIATIVES/EVENTS DID YOU HEAD THIS YEAR & RECOUNT THE EVENT.



Zhong Rui (House Committee Member)

I think the most memorable event that my team and I oversaw was probably the Tang Yuan making event. This was the first event ROC organised after the long summer break, and we wanted everyone to get together and break the ice over Tang Yuan making! It was a blast - we had many creative Tang Yuans made and everyone enjoyed themselves!



# INTEREST CAROLAS

## OF CAPT

brought to you by CAPTlet!

Sports

Club500s

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## Multiplayer Servers (Sports)

### Badminton

Ethan/Anthony

Every Wednesday evening, we play Singapore's favourite sport: Chapteh with rackets! During reading week, we played badminton every single morning to kickstart the day. It helped clear our minds, get a little energy going, and definitely made studying for exams feel a bit less stressful. #lockin



### Basketball (F)

Joanie/Zi Qi

Players of all levels come and learn to score like LeBron James to bring out that baller in them! It was really nice to see everyone working hard and building chemistry while training for ICG!



### Basketball (M)

Christopher/Chengkai/Joel

If you come by during the sessions, you are sure to see a bunch of cheeky gents having fun as they live out their NBA aspirations! My fellow IG heads and I have always aimed to create a competitive and inclusive culture focused on growth. And that culture is exactly why I cherish CAPT basketball so much.



### Bouldering

Ashton/Cally

Climbing challenges muscles, you never knew you had, as we learn to use interesting techniques and dynamic movements to reach the top! The best part is cheering ("allez-ing") each other on and believing in each other's potential to finish their route!



### Captain's Ball

Dylan/Christopher/Kate

Captain's Ball is an easy-to-learn, readily accessible sport for everyone! It's a great way to stay active, build teamwork, and make new friends in a friendly environment. Captain's Ball can also accommodate a large number of players, so you never have to worry about not getting enough play time!



### Dodgeball

Minlong/Shawn

Dodge, catch, and duck! Our dodgeball interest group is all about fast-paced action, teamwork, and good vibes. Whether you're new or a seasoned vet, every session is all about having fun and enjoying our niche sport with friends!



Join IG

Next IG



# Multiplayer Servers (Sports)



## Floorball

Gabriel/Tricia/Dylan/  
Ryan/Sarah/David

Need somewhere to destress? Floorball is the place for you to take out your anger! From fencing each other to playing hard and competitive at the expense of our 8am lesson the next day? Simply, simply lovely.



## Football

Joshua/Joelle/Zibo/Isabelle

We kick balls! We believe that everyone can kick balls, and even if you're new, we'll teach you! One time, a huge group of CAPTains took time off their busy schedules to come down and play! We were glad to see them enjoying football and knowing that CAPTains can all have fun together!



## Netball

Kate/Tiffany

We focus on learning and practicing the fundamentals of netball, but more than that, we emphasize having fun and building friendships through regular games. One time, we decided to switch things up and played walking netball, a variation where we could only walk instead of run!



## Pickleball

Marcella/Hin Lok/David

We play the #1 trending sport in the US: PICKLEBALL!!! It is a combination of tennis and table tennis, but with a ball that looks like a floorball. We once played a 10-man game across the whole MPSH, which is usually played between either 2 or 4 people, so 10 was CHAOTIC.



## Kinball

Kyaw/When Young

We specialize in running around chasing a giant pink ball that's impossible to miss but somehow still gets dropped. Once, we tried to mash Kinball with other games, like playing Captain's Ball and Russian Roulette with the Kinball by having people lay on the floor and then throwing the ball up to see who it landed on!



## Spikeball

Nicholas/Wei Chee/Grace

Spikeball is loved by all! a fast-paced game played with two teams, each taking turns serving and hitting a small ball onto a circular net, aiming to make it difficult for the opposing team to return. It's always fun watching new players pick up the sport for the first time and how quickly they improve just by playing.



## Squash

Noah/Paul

We pride ourselves on being the superior version of Tennis, sheltered from sun and rain. I once tried to hit the squash ball against the back wall and ended up blasting it to the swimming pool. I had to waltz down to the swimming pool and ask the swimmers if they had seen a floating ball...

Join IG

Next IG



## Multiplayer Servers (Sports)



### Table Tennis

Benjamin

Table Tennis teaches you how to keep a tiny white ball on a table. Other than that, looking cool while playing is a big part! Having CAPTains of different houses come together to play in IG sessions or ICG and have fun or bond is my favourite memory.



### Tchoukball

Yen-Fay/Xan

We play Tchoukball! The attacking team throws a palm-sized ball at a frame, and the defending team tries to catch it to stop them from winning a point. My favorite memory is inviting the Tchouk alumni for sessions during our ICG training! It was so fun because the seniors are really experienced and helpful, so they always offer their advice to us and train us into better players!



### Tennis

Clarence/Ivan

CAPTennis is a welcoming space for beginners looking to learn a new sport (and become the next Roger Federer or Serena Williams). We have a shared love for fresh balls out of the can, and a fear of the Monsoon season... Nothing makes your day like a long, satisfying rally!



### Touch Rugby

Kevin/Phoebe/Matthew

Touch Rugby provides a beginner-friendly community for everyone who wishes to pick up a new sport! We have weekly combined sessions with other RCs and it's always a fun time meeting new friends from the other RCs as everybody learns (and struggles) to pick up our sport!!



### Volleyball

Caleb/Claudia

We play indoor volleyball! In Sem 1, we usually focus on teaching the basic skills needed to play a game of Volleyball. In Sem 2, we focus more on sharpening our skills for competitions but do feel welcome to come by! We encourage you to make mistakes!



### Ultimate Frisbee

Jonathan/Colette

We love to throw and chase 175g of plastic in the MP5H and field! Each IG session starts with simple throws before we move on to games, and points are scored when someone catches the disc in their endzone. Frisbee IG became my first of many firsts in ulti – my first forehand, first hammer, and first time playing any sport competitively.

Join IG

Next IG



### CAPT Baking – Xuan, Zachary, Brandon

We whip up biweekly baking sessions to provide a creative and relaxing outlet for CAPTains, encouraging them to develop baking skills while enjoying the process with fellow residents. We show that baking can be a piece of cake indeed!



### Board Games – Ashley, When Young, Zhengyu

Our favourite memory was definitely filming our wacky publicity videos! Initially, it was just a silly idea we used to promote our sessions, but over time, it grew into something that represented the essence of what we do.



### CAPITAL – Joshua, Nathaniel

CAPITAL is a place where CAPTains can chat about stocks, markets, economics or anything related to finance! We have a safe and conducive space to share and hear opinions, and offer knowledge on investing to CAPTains interested in learning and starting their personal finance journeys.

### CAPTinSync – Isabelle, Hui Si, Ethan, Yen-Fay, Brandon Au, Brandon Mok

We live, laugh, love and DANCE! Our IG is a judgement-free zone for dancers of all levels to de-stress and be themselves. We love sharing the joy of dance and watching those who have never danced before give it a shot. This was the first year we participated in ResiDANCE, the inter-RC dance production, and we're glad we made it happen!



### CAPT Cooking – Yi Yang, Gerome, Joel, Charles

CAPT Cooking is a hands-on, creative journey into the culinary arts, designed to inspire and nurture a passion for food and cooking. We explore a variety of cuisines, techniques, and recipes while learning essential kitchen skills. This is more than just learning how to cook – it's about creating unforgettable memories together in the kitchen.







CAPTCoffee – Elise, Ansel, Adam

We aim to share the love of coffee and contribute to the vibrant caffeine culture in CAPT! From biweekly Morning Brews to mini workshops, we hope to spread joy and create a space for CAPTains to bond through drinks. Being able to witness CAPTains' personalities through the cups they brought down to the café was always so interesting and fun too!

CAPTsmash – Troy, Faith

CAPTsmash's name speaks for itself – an interest group where CAPTains can come to relax with a few games of Super Smash Bros! Getting closer to each other through training sessions and having fun with the games throughout the event remains one of my core memories in CAPT.



ChAPTers – Roshan, Aaron

Our IG focuses on making the literary arts more friendly to CAPTains of all backgrounds. While there is a focus on genre-specific interests like poetry and songwriting, we expand ourselves to other intersections with literature as well.

CAPTure – Ek Hohn

Our IG aims to gather photography casuals, fanatics, or even beginners who just want to touch a DSLR together to take pictures and have fun. We collaborate weekly with other CAPT IGs and take action shots of people and games!



CAPT Tunes – Ek Hohn, Julian, Mei Qi

In CAPT Tunes, we organise many events like weekly open jam sessions, performances, band forming, karaoke sessions, and instrument tutoring. Listening to the amazing music that everyone showcased was my favourite part of the week, as everyone always had so much talent!

HandIYcrafts – Winnie, Reiko, Gwen, Huiqi

We invite all CAPTains to channel their inner artist and create easy crafts together! Every session was a chill time to relieve stress, try a new craft, and get to know fellow CAPTains <3

We especially enjoyed the session where CAPTains customised their own beaded phone straps, which mostly looked store-bought!





PEOPLE OF CAPT

► FEATURES

EVENTS



# Snowball

## Bio

Owner: Prof Reuben Wong, Roc RF

Breed: Red-Eared Slider Terrapin

Fun fact: Snowball loves to sun tan (basking on a high platform under a UV lamp in his tank). Snowball also has a dedicated Telegram group to engage his fans.



Prof Reuben

"Snowball has been very warmly received and well-loved by ROCKers. In June 2023, my family was away for over 2 weeks and Snowball was lovingly babysat by my Roc RA and vacation stayers! My youngest son, Enzo, has also taken Snowball down to the Yale-NUS College field for 'walks' and to watch CAPTains playing spikeball."



# Pets of CAPT

## RF edition

### CAPTlet

CAPT is not just home to us CAPTains and our RFs, but also a very special part of our community, the VIPs—Very Important Pets! Our RFs' pets have become a warm and familiar presence in CAPT, bringing us stress relief, laughter, and many wholesome memories. These pets have found a place in our community (and in our hearts!) so let's hear more from the RFs themselves about the Pets of CAPT!

# Becca

## Bio

Owner: Prof Daniel Jew, Dragon RF

Breed: Cavapoo

Fun fact: Each family member suggested a name, so she became 'Chewbecca El Brown Jew'. But our sons heard about Charlie Garuda Bond, so 'Dragon' got added! But that's just her "passport name", day-to-day she's Becca, Becky, Bobsy or 'the Bobs'.



Dr Jew

"Becca started this habit of 'visiting' the level 8 lounge before and after walks - we think it's because she's had many good memories in the lounges with house members, so she always needs to check in to see if she has anyone to play with! Becca also has her own 'Becca Fan Club' Telegram chat with official unofficial Presidents (Hui Qi and Sarah - thank you!). Our family was highly amused when housemates added her to the wall of Dragon photos outside the DH!"



# Charlie Garuda Bond

## Bio

Owner: Prof Misty Cook, Garuda RF

Breed: Mini poodle



Prof Misty

"Best time to have is the time with my Garu family ❤️ Charlie Garuda Bond embodies the spirit of Garuda: naughty, fun-loving, and loyal to his Garuda family. ❤️"



# Hulu

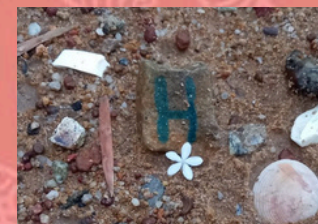
## Bio

Owner: Dr Kankana Mukhopadhyay, Phoenix RF

Fun fact: Hulu was Nandini's (Dr K's daughter) hamster, only a few selected CAPTains/Firebirds who visited their home got to hold /play with Hulu (Nandini has always been overprotective about her hamsters 😊).



Nandini and Hulu



Dr K.

"When Hulu passed away, we buried him in the CAPT backyard. After some CAPTains/Firebirds got to know about this, they shared many kind words/notes with Nandini. A couple of days later, I found a small white flower where Hulu was buried. It was a lot of kindness in one simple gesture, and it will always stay in my heart."

# Twinkle Toh Rui Mao

## Bio

Owner: Dr Toh Tai Chong, Tulpar RF

Breed: Domestic Shorthair Cat

Fun fact: Twinkle used to be a therapy cat with Singapore Girls' Home, so she was well trained when she was adopted. She knows basic tricks like "sit", "paw", "stand", and "fetch", but only does it when she wants to, or when there is food.



Dr Toh

"I host occasional, informal 'cat cafe' sessions with CAPTains (for free of course), usually close to exams and midterms. It is amazing to know that there are so many cat lovers in CAPT, and it is a very accessible way to connect with them, especially the Year 1s who are new to the neighbourhood."



# SOLACE

Choreographed by Yen-Fay, this contemporary piece seamlessly blended fluidity with raw emotion, delving into themes of identity, belonging, and personal growth. Inspired by the song "The Mountain is You" by Chance Peña, the choreography embodied the journey of confronting inner struggles and embracing self-acceptance.

"I really wanted to challenge myself by doing a solo choreography on a bigger stage. When the CAPT In Sync committee pushed for ResiDANCE to happen for CAPT, I knew I had to take this opportunity! I'm so proud of my dancers for stepping up and continuously improving. Thanks to them, my first solo choreography experience was incredibly fulfilling. It was truly amazing getting to know everyone and watching their passion for dance shine through!"

-Yen-Fay, Year 2

# CROSSROADS

Choreographed by Ethan, this powerful breakdancing piece captured the struggle to keep up with mounting pressures in a student's university life through sharp, high-energy movements and intricate footwork to the song "All For Us" by Labrinth. This piece aimed to show everyone that through the chaos and exhaustion, no one faces this struggle alone.

"For me, being a choreographer isn't just about creating a dance that looks good, it's about watching my dancers grow and unlock their potential, regardless of their background in dance. I loved the moments of messing around in practice and then suddenly locking in for full runs. I'm so proud of all my dancers, and super super touched that they trusted me to bring the item's vision to life!"

-Ethan, Year 2

# ResiDANCE

THIS YEAR MARKED A MOMENTOUS OCCASION FOR CAPT AS WE MADE OUR DEBUT IN RESIDANCE, JOINING FORCES WITH DANCERS FROM OTHER COLLEGES TO SHOWCASE THE VIBRANT TALENT THAT EXISTS WITHIN THE CAPT COMMUNITY. FEATURING A MIX OF CONTEMPORARY, HIP-HOP, STREET JAZZ, AND EVEN BREAKING GENRES, THE PRODUCTION HIGHLIGHTED THE UNIQUE DANCE STYLES AND EXPRESSION OF COLLEGE RESIDENTS, WELCOMING DANCERS OF ALL SKILL LEVELS.



# HIGHSCORE

"Meeting other people outside of CAPT was something I loved about ResiDANCE. Seeing so many people come together with the passion of dance motivated me to do better. I learnt to not hold back and unleash my inner self, trying out new genres and stepping out of my comfort zone. Everyone is a dancer. Whether you believe it or not."

-Mei Qi, Year 2

"Initially, I felt like if I went back to Australia, there was nothing I could say I did that was special to my student experience at NUS. ResiDANCE proved to be that something. "Solace" by Yen-Fay perfectly captured exactly how I felt for the first semester of my exchange, becoming friends with loneliness and becoming my best company. I really felt like I was performing something meaningful, something I actually resonated with. This experience helped me to be more confident in myself, and to push myself to be the best I can be."

-Khushi, Exchanger

"From an awkward potato in Y1 to a slightly less awkward potato now, I've grown to love the art of dance. I joined ResiDANCE because because I love the CAPT In Sync community, and I love the people. I'll fondly remember all the friends that took the time to teach me a billion times, the friends that made me laugh and cry, as well as the countless friends that just wow me with their sheer talent and passion! It's been amazing to see CIS grow through this production, from infancy to its own entity, capable of standing on its own two feet!"

-Marcus, Year 4



# Music Scene in CAPT



## PERFECT!!

CAPT's music scene was truly thriving this AY with the introduction of the Music Series by ClubSocs:

"The Arts makes student life much more vibrant. This was an opportunity for CAPTains to learn from established individuals from the local arts scene, and gain insights on how to start their own artistic initiatives."

Noah Ong, IVP

These artists were none other than Billy "Fireweed" Chua, Layyi and Regina Song.

Billy Chua candidly shared his experiences, having started from young, and now drumming for Benjamin Kheng. He encouraged us never to lose heart as like with any job, securing gigs needs some luck.

Layyi, a singer-songwriter, was recently featured on the New York Times Square Spotify Billboard, and taught CAPTains tips for songwriting and music production.

Regina Song, a local singer who garnered listeners worldwide, presented an adapted version of her TEDx Talk, centered around courageously pursuing our dreams, no matter how uncertain the path may be. We had the chance to ask her about her thoughts on coming down:

"This is my first time being invited to talk at a school! I just like meeting people my age as I never really get to talk to my audience at shows. In an alternate universe, I really would have wanted to come to NUS haha!"

Regina Song

Each event was relatively small, creating a safe space for the various aspiring artists amongst us to share their thoughts and spark casual conversations with the artists.

Bernice Ong, an alumni, planned her very own songwriting workshop to spur on the musicians of CAPT. She believes in cherishing all songs – not to see them as failures or successes, but rather, as creative output, and therefore valuable.

"Music production is most rewarding when I find the sound I want. When I finally perfect that glue, that's when it's really riveting for me."

Bernice Ong

Thank you once again to @fireweed, @layyimusic, @sleepyreggy and @berniceongmusic for coming down to CAPT!





PEOPLE OF CAPT  
FEATURES  
► EVENTS





PHOENIX FIREBIRD



GARUDA GORILLAS



ROCABANJA

JAYDEN AND LEANNE,  
DRAGON HOUSE HEADS

"After preparing over the summer and even through the nights during FOC, it was worth it to see our hard work come together!"

EK HOHN, FOC 2024 PD,  
KENZO, FOC 2024  
PARTICIPANT

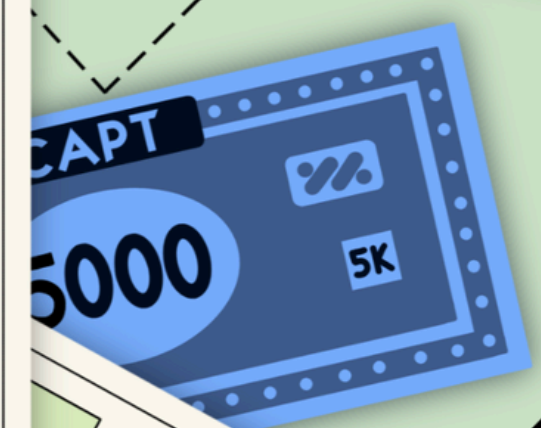
"My favourite activity of FOC is the marathon that I had to run during the event. I think I ran at least an IPPT each day..."

"FOC gave me the platform to meet new people and form strong bonds with the community that I'll be living with."

# CAPT FOC



CAPTains kickstarted their journey at the Freshman Orientation Camp, immersing themselves in exhilarating games and forging unforgettable connections with fellow CAPTains!



FINALE NIGHT



DRAGON DE

COMMUNITY  
ENGAGEMENT





# CE DAY

Welcome to CE Day, where freshmen were invited to rethink their perspectives on community engagement through immersive experiences, sparking meaningful conversations and interactions across 15 unique trails! Other Trails Include: Students with Intellectual Disabilities, Persons with Intellectual Disabilities, Rough Sleepers, Ex-Offenders, Wildlife, Migrants, Thrifting, Youth At Risk, Marine Conservation

## PERSONS WITH AUTISM

"We were touched by how passionate Nancy, the director, and her team were in enabling PWA in workplaces and encouraging inclusive hiring practices that accommodated PWA and recognised their strengths."

- Isabelle and Winnie, Trail Leaders



Preparing, rolling and baking cookies with the interns at Crunchy Teeth

## KEVIN



PD OF CE DAY

"Some would think CE day is about learning about the different CE opportunities in CAPT, while others would think that it is just an event to clock CE hours... But ultimately, part of what makes CAPT unique is that we include our communities (both in and out of CAPT) in our FOC programme!"

## ELDERLY



Karaoke with the Elderly at Tembusu Eldercare Centre.

"I think singing the Hokkien songs with them really brightened their mood as those songs were frequently played during their younger days. It was definitely a trip down memory lane for them."

- Gabriel, Participant in Elderly Trail

## CARING COMMUTERS



CAPTains exploring assistive tech at Enabling Village to promote inclusivity for PWDs.

## DISADVANTAGED ELDERLY



CAPTains and residents of St. Andrew's Nursing Home doing a chair yoga routine together.

## DISABLED ELDERLY



CAPTains accompanying the elderly in their afternoon exercises.

"We were quite delighted to see CAPTains asking questions actively and trying to find out more, which show their enthusiasm!"

- Marcella, Trail Leader for Food Security Trail

"We were allowed to take seeds back to grow our own plants in future, this gave me something to look back on CE Day."

- Melden, Participant in Food Security Trail

## FOOD SECURITY



CAPTains learning about the origin of food in Singapore.

"I felt that CE day as the first CE event that freshies would be introduced to during FOC was really meaningful. I enjoyed my CE day experience a lot, and I really believed in the purpose and intent of the event so I decided to join as VPD and hoped that I could value-add to the planning process and event in general."

## YEN-FAY



VPD OF CE DAY



# WELCOME DINNER

Meaningful and memorable!  
~ Jerlene (Elvin and the Chipmunks)



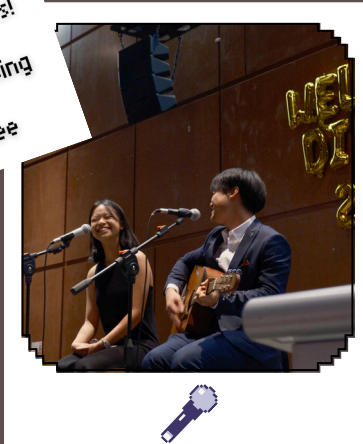
The best part was definitely bonding with people who share the same passion for dance  
~ Jerlene (Elvin and the Chipmunks)



I thought that performing would be a fun way to get to know people as an exchange student, and I also just wanted to challenge myself too.  
~ Chi Chi (Magician)



One of the more successful dinners!  
~ The Organising Committee



I really believe that CAPT is a good starting ground which should be leveraged for making dreams come true.  
~ Noah and the Chamber Orchestra

Dressing up with my friends for Welcome Dinner will always be a fun memory and this semester's dinner did not fall short!  
~ Kah Him (Participant)

Welcome Dinner served as a bridge, especially for Year 1s who had not yet fully familiarised themselves with one another, creating an opportunity for us to interact in a different environment.  
~ Kee Zhen Xian (Emcee)



04.09.24



The annual Welcome Dinner – an evening lined up with performances from singing, dancing to magic tricks by our very own talented CAPTains! CAPTains were all dressed up in stunning outfits and raised a toast to the beginning of an exciting journey ahead.





CAPT<sup>TM</sup>

# CAPT Sports

## Inter-Neighbourhood Games

CAPT<sup>TM</sup>

CAPT Inter-neighbourhood Games<sup>TM</sup>

### Games



Ultimate Frisbee



Tchoukball



Badminton



Captain's Ball



Basketball (F)



Basketball (M)



Dodgeball



Floorball



Pickleball



Spikeball



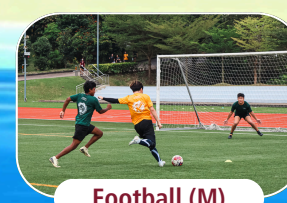
Kinball



Table Tennis



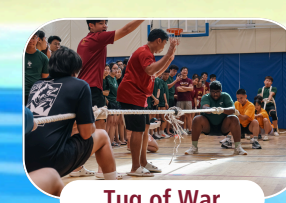
Football (F)



Football (M)



Volleyball



Tug of War

**ABOUT:** CAPT's 5 houses battled it out in 14 different sports as they competed in the Inter-Neighbourhood Games (ING). CAPTains came together to bond through sports and support their friends, displaying sportsmanship and teamwork while having lots of fun!

**NICHOLAS YEK (PHOENIX TCHOUKBALL & DODGEBALL CAPTAIN):** Tchoukball was 100% the most memorable! Most of the team had no prior experience with Tchouk, but they really picked it up so quickly and gave it their all which really made me proud.

**ARIEL (GARUDA PARTICIPANT):** My favourite moment was during the Floorball ING when we made it into the finals and were tied until the last minute. In that moment, my team's morale and camaraderie were even more prevalent and it was really wholesome and satisfying to see.

**WEI CHEE (SPIKEBALL IG HEAD):** While I was refereeing during ING, I found the semi-finals between Dragon and Garuda really memorable. It was a really crazy match that went on for several deuces, and I got a warm fuzzy feeling when I realised all the players had crowded around that one net to watch the tiebreaker, definitely one of my most memorable moments from Spikeball!

CAPT<sup>TM</sup>

MADE IN SINGAPORE







CAPT™

CAPT Inter-neighbourhood Games™

Finale



**TZE KAI (SPORTS DIRECTOR):** The **ING Finale** served as a memorable moment for CAPTains from **different houses to gather and celebrate their achievements** throughout the past 4 days of ING as one CAPT!

**TRICIA (SPORTS COMM, PUBLICITY):** Planning and executing ING was fun and interesting! On the publicity side, it was enjoyable to go around the different sports to catch them in action, as it **allowed us to support sports we won't normally go down to support.**

**DR JEW (DRAGON RESIDENT FELLOW):** We are mindful that **ING is a friendly competition to promote bonding and College life.** So it was humbling we won this year, and also slightly awkward, since Master Gary was away and had asked me to deputise to give out the trophy!

**TERRY (TUG OF WAR AUDIENCE):** I had a lot of fun screaming and shouting with my other housemates to support our house representatives, and having a good laugh with everyone regardless of the result. It was definitely such a **good occasion to foster house spirit and helped me grow closer to my house mates!**



MADE IN SINGAPORE



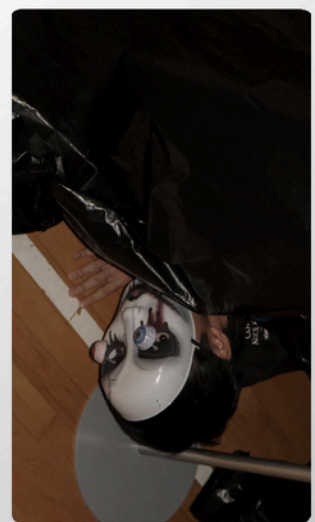


# RCHN' 24



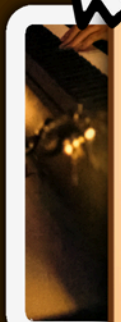
(My favourite moment) was being the last group to enter the Haunted House. After months of hard work and planning, seeing everything come to life felt surreal. Watching the different theme rooms we specially crafted unfold and experiencing the atmosphere was rewarding. Despite it already being a few hours after their shift, our scare actors still remained fully immersed in their role and gave their utmost energy and performance, which was very heartening to see!

- Xuan, Inter-RC Events VPD



When I was scaring my friends it was really hard to not laugh and break character! It was really tiring to take on the constant wave of people and scare them, but it really was all worth it in the end! I loved being in the last room so when I finished scaring my friends I was able to take off my mask and see the shock on their face when they realised it's me!

- Andre, Dragon Yl Scare Actor



We dressed up as the Joker because matching costumes would be great for photos, and we thought that maybe we could scare the scare actors too! Unfortunately, we did not manage to go for any of the haunted houses, but this was still the most fun Halloween experience I had because of the company!

- Bing Lun, Tulpar Yl Participant

BOO! Did you get scared at RC Halloween Night? Lurking ghouls, possessed dolls and creepy marionettes gave CAPTains a fright as they traversed dark hallways and crawled through tunnels to solve the mystery of our very own Haunted House. Not to mention CAPTains coming dressed in their own Halloween costumes, captured on limited-edition photo strips.



RC4

CAPT

TEMBUSU





# CE Fest

CAPTains ignited their passion for community engagement through CE Fest 2024! This year, CAPT's flagship event offered 13 exciting trails that brought CAPTains on a journey to discover Singapore's unique communities, fostering connections and shaping a more holistic view of the world around them!



**Rosemarie, CE Fest PD**

We aimed to hold safe spaces where participants could express their perspectives and perhaps even confront certain internalised narratives. Thanks to the incredible committee I had the privilege of heading, we were able to pull through and deliver a CE Fest we are proud of despite the challenges. They have truly been the best team, putting in their hard and "heart" work every step of the way.



**Ansel, CE Fest VPD**

Planning for CE Fest was a tiring but rewarding process. We contacted over 20 different Community Partners to make our event have greater outreach, enabling CAPTains to engage with many more different communities. It was challenging to manage people with differing needs and priorities, especially when they are your fellow CAPTains and friends, so I learnt to set expectations clear and always communicate to ensure a smooth event.



**Ying Hui, CE Fest VPD**

I've always wanted to experience organising a large-scale event and CE Fest made it possible. I was mainly in-charge of Publicity and Training & Development, where alongside the team, we pushed out new publicity initiatives and curated training workshops for the trail leaders. As organisers, we managed to have our fair share of trail experience as well: through the trail recces and pre-engagement sessions.



**Opportunities for Gainful Employment**



**Life Anew: Addiction Recovery**



**Roots to Sustainability**



**Life Beyond Bars**



**Origins of our Island's Produce**



# CE Fest



**Rough Sleepers, the Rocky Road**



## **The Colourful World of LGBTQ**

The engagement at T-project was memorable because of the co-founder's relatable, unfiltered humor and I also appreciated how open she and the other speakers were in sharing their stories. I highly recommend this trail to future CAPTains!

- Taniska, Trail Leader



## **Celebrating the Last Goodbye**

My most memorable part of the trail was going to the actual embalming room to learn about the embalming process from a real embalmer and using real tools as part of a suturing simulation. My biggest takeaway was seeing the joy in life and in death.

- Cael, Participant

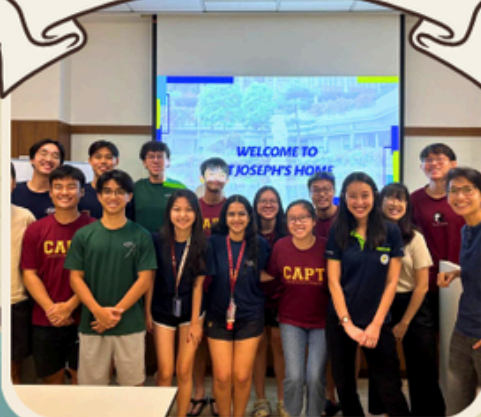


**Home, Truly**



**Through a Different Mind: Intellectual Disability**

## **NEW TRAIL!**



**Ageing with Grace**



**Faiths in Peace**



**Healing Herbs**



# Inter-College Games

There are 16 medals among us



The annual Inter-College Games bring together students from all NUS Residential Colleges for a spirited showcase of sportsmanship, teamwork, and community. More than just a competition, ICG is where CAPTains, whether seasoned athletes or first-time players, step out of their comfort zones, forge new friendships, and create lasting memories on and off the field. From intense dodgeball matches to exhilarating netball showdowns, the Games embody the spirit of resilience, camaraderie, and friendly rivalry, win or lose.



# INTER-COLLEGE GAMES



Badminton  
Basketball (Female)  
Basketball (Male)  
Bouldering  
Brawl Stars  
Captain's Ball  
Contract Bridge  
Dodgeball  
FIFA  
Floorball  
Foosball  
International Chess  
Netball  
Mobile Legends  
Smash  
Soccer (Female)  
Soccer (Male)  
Squash  
Swimming  
Table Tennis  
Tchoukball  
Tennis  
Tetris  
Touch Rugby  
Track  
Ultimate Frisbee  
Volleyball



Multi Purpose Sports Hall





### Miller, F Basketball Captain, Ashlyn & Eliora, Notable Players

I don't think the team was expecting gold at all. We went in with the underdog mentality: to fight tooth and nail for every point, so we really put our whole soul into every game! Eliora even cried when we won :) I think the game where we had a huge lead (16-2) was a fluke... I was genuinely enjoying the moment, not even caring about the score because I was having so much fun playing basketball with my teammates! I'm extremely grateful to my girls for taking the time during winter break to train! I'm so happy that our hard work paid off, and seeing how well we played together and supported each other truly warms my heart. I'm beyond grateful for the opportunity to be your captain and thank you for helping me all the way!



### Shaun, Dodgeball Captain

It was truly unbelievable. When we won, I was filled with such immense pride, joy, and gratitude towards my team for giving their best despite the circumstances. On behalf of the team, we would like to express our gratitude to our supporters from CAPT, who went out of their way to come down to support us throughout this 3-day journey! The most memorable time had to be when we won the semi-finals, after being down by 1 set initially. The feeling of relief after that final kill, and the excitement our team had as we all jumped and celebrated together, is a moment I will never forget.

### Colette, Ultimate Frisbee Captain



This ICG, our goal was to break Chiwawa's 2 year silver streak, so bringing it home was just feelings of pure joy and pride. The numerous trainings were put to good use as we took what we had learnt and brought it into this game and being there for one another pulled us through. A personal highlight for me was seeing so many familiar faces on the sidelines, whether it was friends from CAPT or Chiwawa alumni, their presence and cheers motivated me to keep pushing when fatigue started to set in, and gave us the extra boost of motivation we needed.

### Davin, Tennis Captain

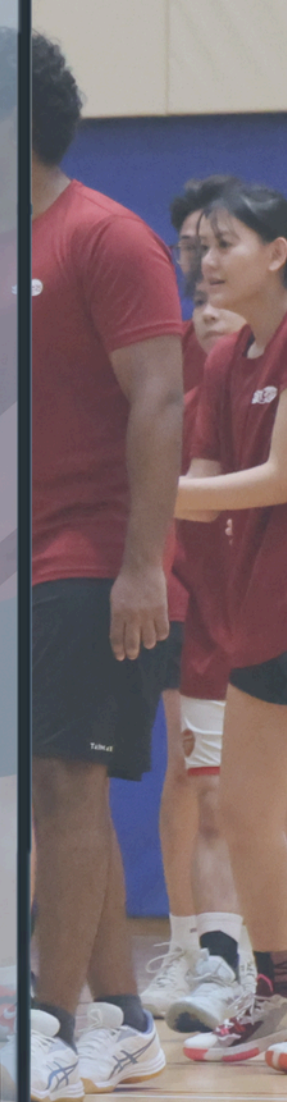


Heading into ICG, we were the underdogs, but I was confident this year would be different because of my incredibly passionate and talented team. Even still, winning gold definitely came as a surprise! Our "coach", Celestine, took a calculated gamble, concentrating our best players to secure three matches against NUSC, essentially having no safety net. It ultimately paid off as our players executed the game plan perfectly and brought home the victory. To all seniors, teammates, and friends, whether you played for us or cheered from the sidelines, thank you.

### Bevan, Captain's Ball Captain



I felt proud of both teams because of the hard work we had put in, and motivation to get Team B a medal next year too! The roar of the CAPT crowd during the gold medal match was amazing, so much so that the referee had to ask us to tone it down! The support from our fellow CAPTains was strongly felt, even the "jiayous" when walking along the corridors was very appreciated. I must say the support from our fellow CAPTains was most memorable to me!



Enter your reflections here ...





# WELCOME BACK DINNER

## SOTONG GAMES

THE WELCOME BACK DINNER IS AN ANNUAL TRADITION BY THE STUDENT AFFAIRS COMMITTEE (SAC) THAT MARKS THE START OF SEMESTER 2 WITH GOOD FOOD AND LIVELY COMPANY. THIS YEAR'S THEME INVITED CAPTAINS TO DRESS AS THEIR FAVOURITE MOVIE OR TV SHOW CHARACTERS, SETTING THE STAGE FOR A NIGHT OF ICONIC MOMENTS AND SHARED LAUGHTER. IT WAS A MEMORABLE EVENING THAT BROUGHT THE COMMUNITY TOGETHER IN STYLE AND SPIRIT.

IT WAS REALLY AMAZING PERFORMING AT WELCOME BACK DINNER WITH MY BAND! IT WAS SLIGHTLY NERVE-WRACKING BECAUSE IT WAS MY FIRST TIME PLAYING THE BASS ON STAGE, ESPECIALLY SINCE I ONLY LEARNED IT THIS SEM, BUT I'VE ALWAYS LOVED PERFORMING IN A BAND AND I'M LOOKING FORWARD TO DOING IT AGAIN!!  
~ AHZA (TIME TUL ROC)



LVL 10 BOYS



WILLY WONKA



TIME TUL ROC



LALASAS



TELETULPIES



WILLY WONKA

I THINK THE FUNNIEST ENCOUNTER WAS WHEN ALL OF US TOOK THE LIFT DOWN IN OUR SPIDEY-COSTUMES TO REGISTER FOR THE DINNER. WHEN THE LIFT STOPPED ON OTHER FLOORS (AND WE ALL POSED), THERE WERE LOOKS OF SURPRISE AND LAUGHTER FROM OTHER CAPTAINS!  
~ DAVID (GARUDA)

IT WAS MEMORABLE TO SEE EVERYONE IN THEIR COSTUMES, ESPECIALLY THE SPIDER-MAN MULTIVERSE, AND ENJOYING THE GAMES WE PREPARED. BIG SHOUTOUT TO DR. JEW FOR STEPPING UP TO PLAY FOR DRAGON, KICKING OFF THE FIRST GAME WITH AN AMAZING START! AT THE END, WHEN EVERYONE GATHERED AT THE FRONT OF THE STAGE AND DANCED TOGETHER, FORMING A MOSH PIT AND HAVING FUN, IT MADE US FEEL LIKE EVERYTHING WAS WORTH IT!  
~ JAYVEN, BING LUN, HARI (PLANNING COMMITTEE OF SAC)





# Arts Showcase



## Performance Select



Willy Wink Wonk and the Chocolate Charcuterie

Our philosophy towards music is that it's always about performing, so we wanted to make sure to make a big impression right from the start. Noah and Chong Sun always wanted to do FEIN so we decided to make it happen. In addition, that crazy transition from Fein to Beat It was something that Jairus came up with while we were practicing in the lounge. He went to the toilet and came back crazed, then told us the transition and we liked it.



Contemporary by Yi Jia

I really wanted this item to convey the message that this is indeed that right place and time to dream big and continue chasing your passions. There'll always be people you can lean on and support you every step of the way :) Honestly, couldn't stop smiling through the entire performance. It's one thing to be able to create an item, but to be able to perform with everyone was definitely something really special that I'll hold super close to my heart for a long time to come!

Arts Showcase is CAPT's annual celebration of artistic expression and creativity held by ClubSocs. This year's theme, "Dreamscape", invited CAPTains on an imaginative journey through music, performance, and visual arts. The event showcased diverse talents and heartfelt aspirations, reflecting the vibrant spirit of the CAPT community.

## Planning Committee 100%



As first-year students, Kayla and I initially had not much idea on how ASC operated. The idea of being in the control room, handling different wires and ports, felt foreign and intimidating. Thankfully, we had the EXCO who patiently guided us and taught us what we needed to know. Finally grasping everything and seeing people enjoy what we had planned was the most rewarding part of organizing ASC. My favorite memory was the weekend of dry runs and the actual event. Three consecutive days might sound exhausting, but it passed by really fast. I got to spend more time with my committee members, bond with them, and truly enjoy the process together. ~Yue Jia

## Master Gary 100%



I looked forward to every year's rendition of Arts Showcase, and I was not disappointed. The show was entertaining, with the various bands and dances carefully interwoven to minimise delays between changes. The performers were excellent, with each item showcasing the various talents and genres. The emcees this year were entertaining and less 'naughty'. ASC certainly showcases the talents that CAPTains have and highlights the lighter side of us CAPTains, who are normally associated with the more serious aspect of community engagement.





# Arts Showcase

◀ Performance Select ▶



The Beatuls



Roc Chilling



Mothership



Rocabanjazz



Time Tul Roc



Bandaïd



Contemporary by Yen Fay



Street Jazz by Charissa and I-Yin



Breaking by Ethan



# OPENHOUSE

**LOST? WELCOME TO YOUR  
NEW HOME**



“For our Level 1/BI TikToks, we were quite excited to showcase our facilities to the public, like the Theme Rooms (TRs) where many of us bond over activities such as baking, open jam sessions and playing pool.

I was completely unprepared to be on camera and it was quite intimidating considering how many people will watch it online, but I feel quite privileged to be given the opportunity to be featured in such a public-facing project!”

**Jun Yao**

Publicity (Social Media)



“I think one of the more memorable moments was when two of the visitors came to look for me after the tour to ask more questions about CAPT’s culture -- it’s really nice that people are genuinely interested in what CAPT has to offer!

The biggest challenge was being super energetic and enthusiastic the whole day despite only having 4 hours of sleep. I crashed the moment I got home BUT I don’t regret a thing! It was a really great experience because I was able to share something that I really love about my university life.”

**Isabel**

Tour Guide & CAPTcoffee member

The CAPT Open House is a lively showcase of our college spirit, where prospective students and families explore our welcoming spaces, meet friendly CAPTains, and experience the vibrant community life that makes CAPT a true home away from home. It is the perfect introduction to the friendships, opportunities, and warmth that define the CAPT journey.

**Lv. B1**

**Lv. 1**





Captain Angsana CAPT

84 / 94

“When describing CAPT, the word 'home' really stuck out to me. CAPT has been a safe space for me, one where I could learn from many wise individuals young and old. It has nurtured me carefully and slowly, walking with me even as I wobbled unsteadily. As we went about this project, Berry and I carried this simple hope - to share our stories, and to pay it forward. For us, we both see ourselves as having benefited from CAPT, and so we hope that more people will get to know about CAPT. Through it, we hope that the next generation of CAPTains will be inspired to take that leap of faith, and to try new things courageously.

Just as our theme goes "CAPTivating Hearts, Transforming Lives" - We hoped that visitors would see the transformative power of CAPT.”

**Wei Chee**  
Open House PD

**Berry**  
Open House VPD



# INTER-NEIGHBOURHOOD SHIELD

The Inter-Neighbourhood Shield (INS) is a vibrant annual showdown hosted by the Student Affairs Committee (SAC), where CAPTains dive into exciting team-based games, such as Masterchef, Ramen Relay and more! It's not just about winning; It's also about the unforgettable memories and new friends made along the way whilst the houses rally together in friendly competition!



RAMEN RELAY



MASTERCHEF



JUST DANCE



VALORANT



OVERCOOKED 2



MARIO KART



DRESS TO IMPRESS



MYSTERY GAME





**"Participating in Dress to Impress was a very interesting experience. I never imagined myself being willing to be dressed up on the spot in clothes made mostly of scrap materials like newspaper and tape, then modelling them down a runway while trying to entertain the judges and the crowd. I was a bit skeptical of the idea at first, but in the end, it turned out to be pretty fun and amusing!"**

**~ Max, Participant**

**"I really loved it when they played The Reason for the blind karaoke, and I was so happy I got it right! It's a song I used to be insanely addicted to, so it was a sweet surprise to hear it. It was also very nice to hear my teammates egging me on to continue the song afterwards."**

**~ Dillon, Participant**



**"When planning this event, I hoped that CAPTains would bond with others across houses by fostering a friendly competitive spirit. Overall, I think the event was quite successful, as it was well-received and CAPTains participated in the games with great enthusiasm!"**

**~ Celeste Ma, Planning Team**





Guitarist  
CAPTains

"We're Maroon Monday — not just a band, but a group chat that's 90% memes and 10% 'ps cmi (paiseh cannot make it) today' texts. And somehow, through all the chaos, we didn't just make music, we became a band of brothers that played in perfect harmony." ~ Jerry, Maroon Monday Electric Guitarist



Professor Toh &  
RA CAPTains



# Farewell Dinner

An annual dinner planned by CAPT's Residential Staff and Resident Assistants (RAs), the night was filled with stunning performances, delectable food and an awards ceremony to celebrate the achievements and contributions of CAPTains. Despite the many goodbyes said by graduating CAPTains, one thing remains true – once a CAPTain, always a CAPTain.



Drummer CAPTain



Proud CAPTain



CSC CAPTains  
& Professors!

"It was such a wonderful way to end the semester surrounded by people I love, all dressed up! Though it was my first time emceeing an event, I am grateful Ray Sen randomly asked me to join him one night while we were preparing for our marketing presentation the next day. A special shoutout to Wang Chu Hao for holding the best concerts in the shower, Congratulations!" ~ Lynette, Emcee



Emcee CAPTains





# CREDITS



with Love.

13th CAPTlet



## DIRECTORS



Isabelle Choy

Erika Chia



## DESIGNERS



Ethan Wong

Chong I-Yin



Alia Humaira

## JOURNALISTS

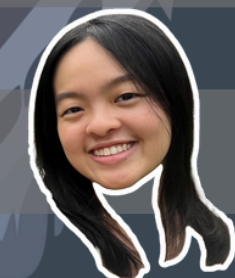
Cheah Karys



Amethya Alma Arielyn



Kaylie Chin







# LEVEL COMPLETE