

# CAPTSULE

**7TH EDITION** 



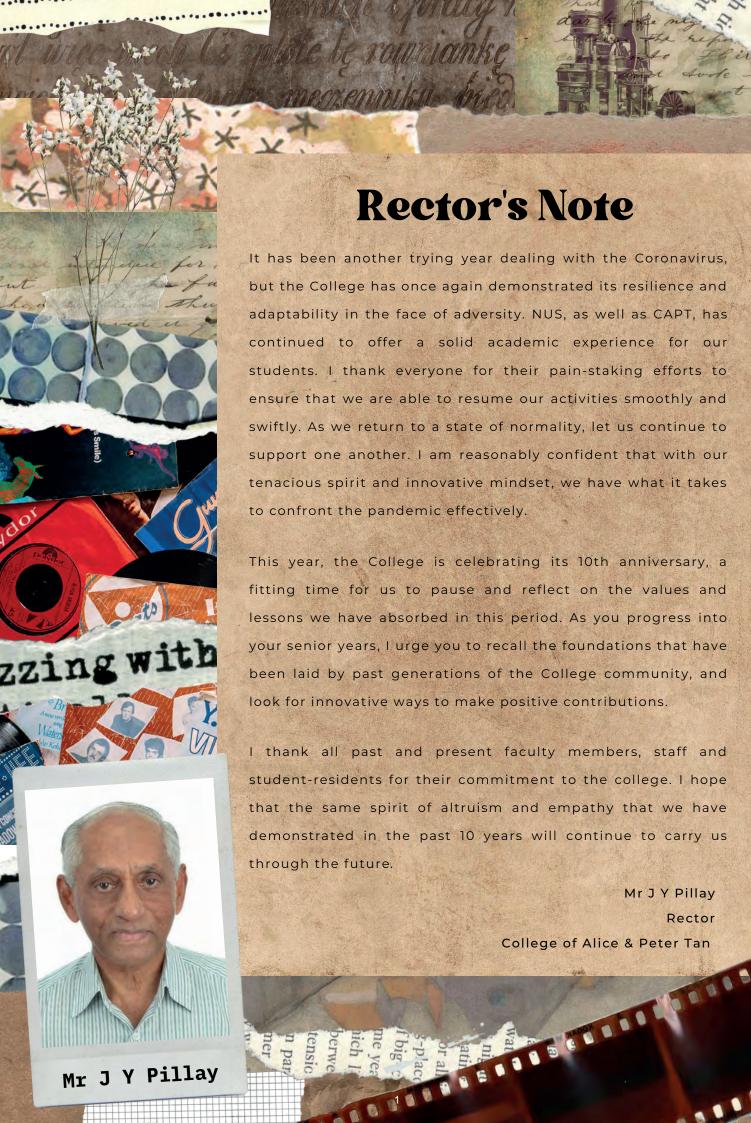
**National University of Singapore** 

With Fellow CAPTains, I uphold the college's values: Integrity, Audacity, Compassion, Teachability; and I ACT to engage communities as an active citizen.

> I am the steward of my personal growth and I ACT upon opportunities.

> I am integral to the College community and I ACT to reach out to its members.

I endeavour to actively contribute to the college for I am a CAPTain, and will always be one.



# Master's Note

The theme for this issue of CAPTsule is retro, and as I endeavour to look back at my personal journey during my two and a half years in CAPT, I cannot help but realise that I have spent most of my time here dealing with the pandemic and the implementation and enforcement of restrictions – changes to the dining limitations in sync with the government dining rules, out of residency UTCP, university zoning, temperature declaration, online teaching, etc.

Who would have thought that COVID-19 was here for the long haul? Two years on, the virus is still raging on, and just as we thought we were going into an endemic stage, a new strain in the form of the Omicron has surfaced.

How have we as CAPTains coped in the face of this adversity? I must say we have handled it very well, and have faced it head-on with patience, tolerance and resilience, traits that define what being a CAPTain is all about. We continued our community engagement albeit it was mostly conducted online. The resourcefulness of CAPTains shone through and we made the best of the situation.

Notwithstanding the above, I have thoroughly enjoyed my time here in CAPT and through the various interactions with CAPTains, Fellows and colleagues, come to realise that what we have is a strong unique CAPT family spirit immersed in this living-learning environment. And as we celebrate our 10th anniversary in 2022, it is my hope that we continue to grow this family spirit, and that CAPTains will continue to carry our ethos of Active Citizenship and Community Engagement even after they leave this family.



111111111

A/P Gary Tan

I would like to thank the CSC, Househeads and RAs for helping us see through yet another difficult but successful year. Finally, I would also like to thank the Editorial Team for this issue of CAPTsule. Happy Reading...

> A/P Gary Tan Master College of Alice & Peter Tan



# Editor's Note

This academic year marks many great milestones for CAPT, as we commemorate its tenth anniversary in 2022. Two years on, we are now in a stronger position to overcome dynamic challenges posed by COVID-19, while ensuring that the College remains vibrant. We witnessed the gradual resumption of in-person events and warmly welcomed exchange students in our second semester. These could not have been done without the efforts of the college community - CAPTains, Fellows and Staff - who navigated the evolving landscape with exuberance, tenacity and innovation.

This year's CAPTsule aims to encapsulate the stories of College Fellows, Staff and CAPTains through a retro theme. This yearbook not only holds recounts of the diverse College activities of the academic year, but also serves as a testament to the spirit that binds the college together. Let us take a moment to reminisce about the initial feelings of excitement and curiosity that filled us up as we embarked on this academic year.

On behalf of the CAPTsule team and the 10th Publicity Committee, it is our hope that this yearbook will capture the quintessential moments of your CAPT experience. Whether you are reading this months or years from now, may it always be a tangible reminder of the irreplaceable memories and friendships you have forged in CAPT.

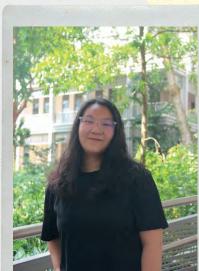
I would like to express my sincerest gratitude to my team. To Cheryl, Maitreya, Marcus and Yixuan: thank you for your hard work and dedication! It was not easy to produce this yearbook, but I hope you will look back at our journey with a sense of achievement and fulfillment. I am immensely proud of how much we've grown through this process, and I look forward to seeing what you will accomplish in your next adventure.

To the 10th Publicity EXCO (Angeline, George, Qian Yi and Shixi), thank you for your unwavering support and guidance throughout this journey. It brings me great satisfaction to witness how we have brought our vision for the 10th Publicity Committee to fruition in our respective ways.

Lastly, I would like to thank our Fellows, Staff and CAPTains for your contributions to the yearbook. This would not have been possible without your continuous support, and it is our pleasure to feature your stories in CAPTsule.

With that, I present to you the seventh edition of CAPTsule!

Teo Kai Ting
Editor-in-Chief
Vice-Director of Publicity (CAPTsule)



Teo Kai Ting

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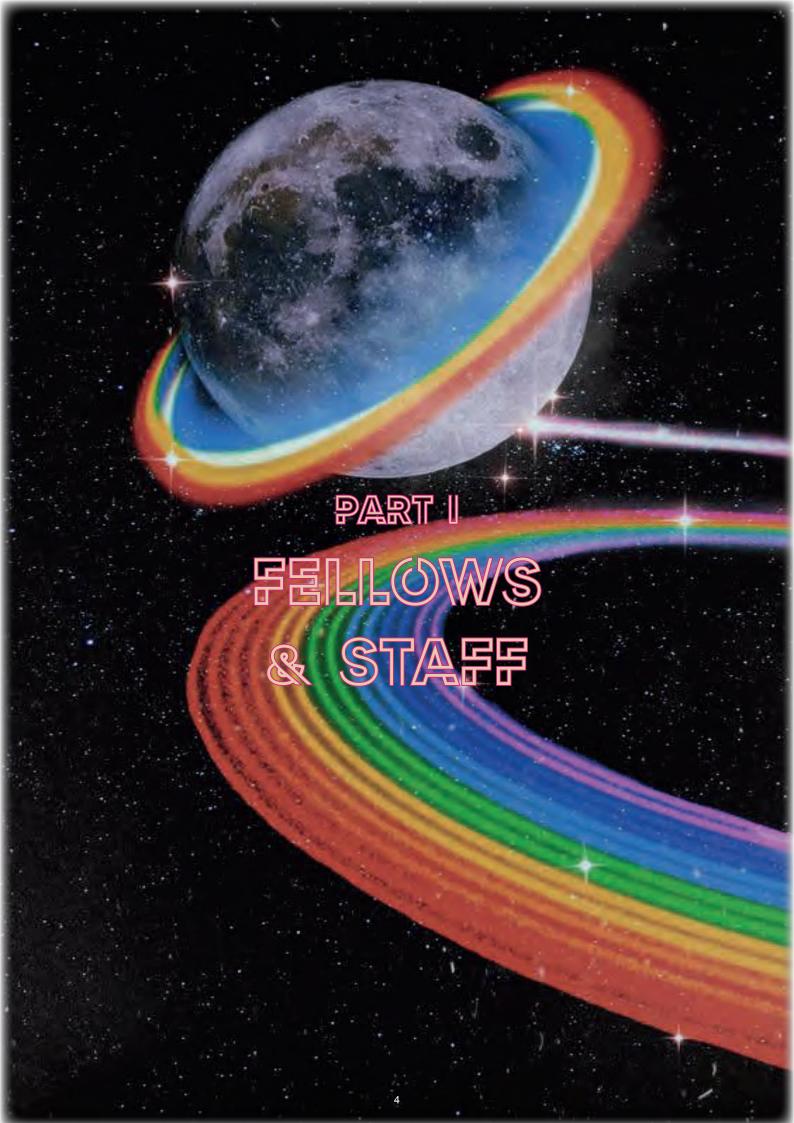
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# FEILLOWS



**Reuben Wong** 



Siok Tambyah



Theresa Tan

# What is a nostalgic memory of your childhood that you treasure dearly?

Noisy, crowded, food and fun-filled Chinese New Year gatherings at my grandmother's house.

### What is your favourite place in CAPT and why?

Basement 1 open space between the General Office and Theme Rooms. My kids have spent many happy hours learning to cycle, ride on their Ezyroller, playing badminton, and kicking about with CAPTains and with each other in this space.

# What is a nostalgic memory of your childhood that you treasure dearly?

I lived in a three-storey shophouse from birth to 12 years of age. Some of my fondest memories were created during playtimes with my friends in the five-foot ways and back lanes of the neighbourhood.

### What is your favourite place in CAPT and why?

The dining hall – not so much for the food as for the company! It is nice to walk in and see someone you know or make plans to meet someone there and catch up over a meal.

# What is a nostalgic memory of your childhood that you treasure dearly?

Whenever I see a group of children chasing each other in the playground, it brings back fond memories of my childhood playing 'catching' with friends at school, and especially with my cousins during school holidays at my grandma's house in a rural part of Singapore. Those were such carefree days.

#### What is your favourite place in CAPT and why?

The dining hall. That is where many discussions and bonding take place over a meal/drink.



Seow Teck Keong



**Thang Leng Leng** 



Kevin Mcgahan

### What is your favourite place in CAPT and why?

Without a doubt, my favourite place in CAPT is the Dining Hall, as it is where we have our meals. Mealtimes are opportunities for me to engage with the student-residents of CAPT, for me to get to know and understand them better, and for me to also learn from them. While COVID-19 has certainly affected the length and depth of the conversations, I am glad that the opportunities to converse have not been completely removed.

# What is your most memorable experience in CAPT?

One of the most memorable experiences I have had in CAPT was the Tulpar neighbourhood's 'Bus Supper' event. The neighbourhood committee had chartered buses to take us to three different supper joints at various locations in Singapore. Of course, this was organised before the COVID-19 pandemic struck. Besides the opportunity to eat together at three different places, the journeys from location to location were also fun-filled, which included, among others, singing together.

#### What is your favourite place in CAPT and why?

Dining Hall! A place full of warm memories - not only where we meet up to chat over meals, but also the many activities that have been held there over the years.

# What is your most memorable experience in CAPT?

Many years ago, I did a combined session with Dr Tan Lai Yong to take CAPT and my FASS students, and together with children from a family service Centre to the then Sentosa Underwater World aquarium to stay overnight in the underwater tunnel. It was a fun and memorable experience, especially to see how the students got along so well and had fun with the children.

# What is a nostalgic memory of your childhood that you treasure dearly?

I recently returned from the States, where I was born. During Christmas, I was lucky enough to relive one of my favourite childhood memories: baking Christmas cookies with my father.

# What is your most memorable experience in CAPT?

My most memorable experiences at CAPT involve the STEER programme. I love travelling and experiencing new places and people with students.

•Kankana Mukhopadhyay

# What is a nostalgic memory of your childhood that you treasure dearly?

I really miss the school holidays - summer and winter - that we used to look forward to during my childhood. Having to work throughout the year now, I treasure dearly the memories of those days. The days that were filled with nothing and yet anything I wanted to do.

### What is your favourite place in CAPT and why?

My favourite place in CAPT, without a doubt, is Phoenix House (L12,13&14) because it is filled with the Firebirds' laughter and sounds of fun and mutual care for each other.



**Daniel Jew** 

# What is a nostalgic memory of your childhood that you treasure dearly?

I grew up in a HDB on Holland Drive with an iconic Dragon playground. Many happy memories playing with kids from the community. Hmm, if I was making an autobiographical movie I'd do a cutscene to life now in Dragon Neighbourhood!

# What is your most memorable experience in CAPT?

Every class is unique and special, but the first few runs of Citizenship SS and Games JS were particularly memorable. We had a really good mix of personalities and there was a real 'pioneer' spirit of making something new together, in a shared learning endeavour.



Joelle Lai

# What is a nostalgic memory of your childhood that you treasure dearly?

Riding my bicycle around the neighbourhood like a free-range kid. Mobile phones were not a thing; I simply took off with my friends and showed up for dinner.

# What is your most memorable experience in CAPT?

The best experiences happen when we are out travelling for STEER. Train and boat rides with CAPTains and getting to know everyone beyond the classroom. I hope we can resume that in the near future



Lavanya Balachandran

# What is a nostalgic memory of your childhood that you treasure dearly?

Getting my weekly orange-flavoured ice-pops fix in the school canteen for just 10 cents!

### What is your favourite place in CAPT and why?

CAPT Faculty Office – Probably because I spend most of my time there whenever I'm in CAPT. Also, it helps to share the office with 'fellow-Fellows' who are always up for a nice chat!



**Angie Tan** 

### What is your favourite place in CAPT and why?

I enjoy bonding over food and am always happy to have a meal with CAPTains or colleagues in the dining hall. I would say that the dining hall is one of my favourite spaces in CAPT though in the last two years of the pandemic, I find myself spending less time in the office and, hence, fewer meals in the dining hall. I'm looking forward to more conversations and meals in the dining hall in the coming year!



**Toh Tai Chong** 

# What is a nostalgic memory of your childhood that you treasure dearly?

I miss the Kampung at Lim Chu Kang which I grew up in till I was 6 years old. I fondly remember how I used to pluck chilli padi and munch on sugar cane from my grandparents' vegetable farm. There was so much open space for us to run around and that was when my sister first taught me how to ride a bike.

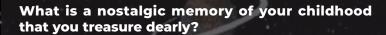
## What is your most memorable experience in CAPT?

I remember in my first year in CAPT (in 2017), I ended my class in the evening and walked past our CAPTains having a steamboat outside CAPT's Baking Room to celebrate the new year with our international students.

That was such a great memory, not just because of the SMM now, but because that encapsulates what CAPT means to me - family, fun and festive.



**Lynne Yang** 



It always brings smiles to my face whenever I see pictures of my parents bringing the kiddo me to different places, some of which I can still remember but some I can't. I guess it's not so much of a particular memory, but more of the series of memories of the 3 of us being together that I am holding on dearly to.

### What is your favourite place in CAPT and why?

Faculty office! I love quiet and dim environments, it gives me a cozy vibe for some reason. I like to leave the lights off if I am alone in the office. I love cozy!



**Misty Cook** 

# What is a nostalgic memory of your childhood that you treasure dearly?

I migrated to Australia when I was about 10 years old, so I treasure all the time that I spent with my grandparents and extended family in Hong Kong. These are the people that I hold so close to my heart to this date.

## What is your most memorable experience in CAPT?

I cannot identify one most memorable experience in CAPT. I have enjoyed every moment that I have spent in CAPT. My colleagues and students (especially Garudians) are the core of CAPT for me.



**Wong Soon Fer** 

### What is your favourite place in CAPT and why?

This is a tough one for me – as the places that come to mind are all those where I have enjoyed conversations with CAPTains, and that's almost everywhere, but if I were to narrow it down, it'll have to be the Dining Hall or the Master's Commons as I recollect deeper conversations that have been heartwarming, inspiring and/or thought-provoking!



**Vania Yip Ting** 

# COLLEGE OF ICE & PETER TAN

Tan Lai Yong

# What is a nostalgic memory of your childhood that you treasure dearly?

Going on a holiday to Australia with my family. I remember standing in wonder under the star-strewn night sky, feeling absolutely awe-struck. This piqued my interest in astronomy, and I have been incorporating some form of stargazing activity as part of my vacation itinerary ever since.

#### What is your favourite place in CAPT and why?

The dining hall. It is a place where I have many meaningful conversations and forge deeper friendships with both colleagues and students. I always leave the dining hall feeling refreshed and encouraged.

#### What is your favourite place in CAPT and why?

My favourite place in CAPT is the dining hall, specifically the area of first few steps upon entering the dining hall at the start and end of each academic year. At the start, I see hesitant faces, unsure steps and eyes looking at handphones, people being a bit awkward. But at the end of each semester/year, I see the happy smiles, confident faces, waving hands (not handphone hands) and friendships! The transformation is remarkable!

# STAFF



### Lee Meng Choo



**Pefie Tanoto** 



Ng Keng Boon

# What is a nostalgic memory of your childhood that you treasure dearly?

Too many to count. Some examples - extended family excursions such as kite flying and picnic at Marina, beach days at East Coast Park and our first cruise on Star Virgo.

# What is your most memorable experience in CAPT?

STEER Botswana 2018 – First STEER trip and first visit to the African continent.

# What is your favourite place in CAPT and why?

To work? Of course it's my comfy desk! To Chill? MPSH as I love seeing many sports activities happening there. Oh wait, in case boss sees this, I rarely chill:P

# What is your most memorable experience in CAPT?

A lot but if I had to pick one, it would be performing with CAPTains and the previous Master during one of the Open Mics. Oh how I miss the pre-Covid days when we could just see each other's smiles!

# What is your favourite place in CAPT and why?

Sitting at the tables and chairs outside the café. It's the most windy and comfortable place in CAPT (provided that it does not rain)!

## What is your most memorable experience in CAPT?

Helping to set up CAPT in the initial year of 2012.



# ACADEMIC REVIEW

### Junior Seminar: UTC1416: Games, Game Communities and Society

It was an eye-opening learning experience as I was able to understand the various concepts behind different game designs and use the Knowledge acquired to create our very own game. Hearing from game designers their thought process and the challenges they had gone through was extremely insightful. Exploring the different aspects of the world of gaming has fuelled my interest in the gaming industry, some of which were areas I Knew very little of prior to taking this Junior Seminar. From the communities and societies in the gaming world to the different characteristics of games, the module has widened my horizon in these areas. Being able to think from different perspectives when analysing various issues has allowed me to sharpen my critical thinking skills.

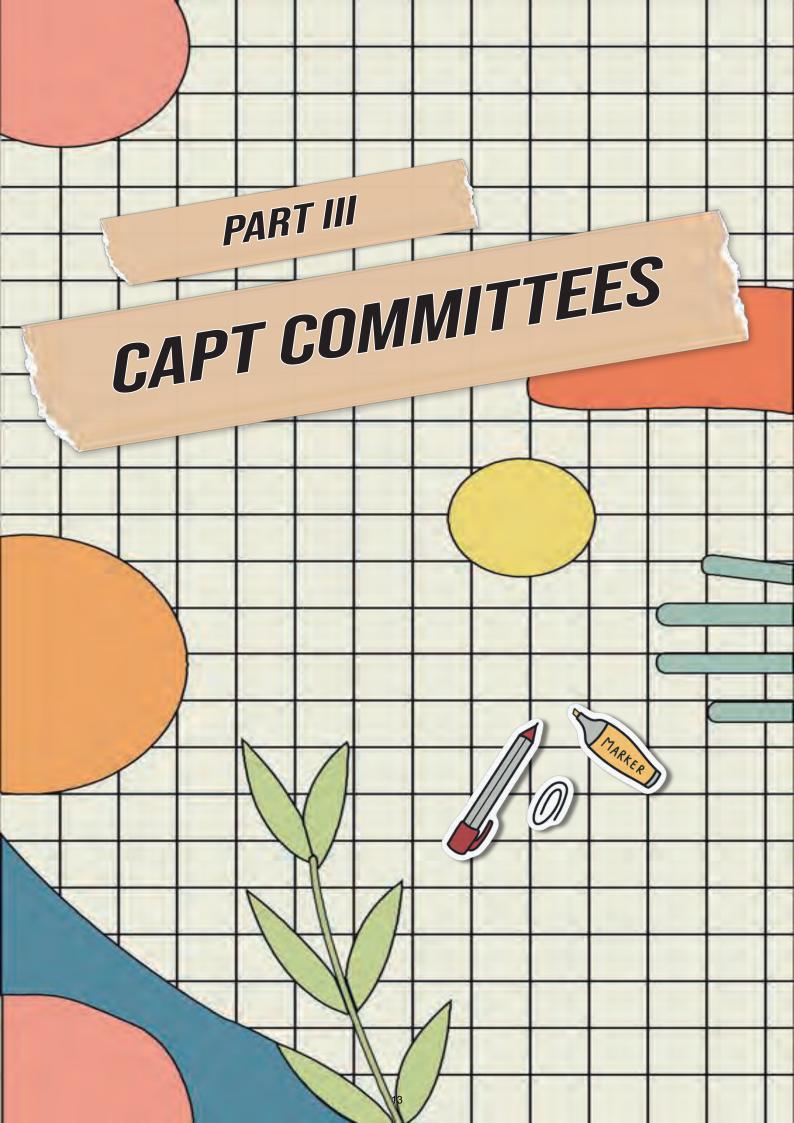
This module has also made me realise that parental restrictions alone are insufficient to reduce or prevent gaming addiction. Instead, parental restriction coupled with a warm family environment and good parent-child communication are far more effective in lowering the risk of internet addiction. - Rena

### Senior Seminar: UTC2415: The Effective Non-profit

The module gives in-depth analysis into the inner workings of the non-profit sector. Through the course of the module, we learnt and explored operational themes that were common in high- performing non-profit organisations. An example of a theme would be leadership - how effective and authentic leadership is advocated and its impact on employee motivation, well-being, and organisational culture.

Something that I learned from the module was how the recent expansions in non-profit and volunteerism truly show the undertaking of responsibility by new, younger, and more courageous social innovators in providing products and services for the community. However, with the more established non-profit organisation being more financially stable and well-funded, newer more independent organisations must be innovative with incentives to attract and sustain vibrant personalities.

I cannot help but feel empowered by the Knowledge of the numerous speakers and readings that set the example of the impact people can make when driven by a pursuit for a better society and to work hard at work worth doing. - Arthur



# college Students/ Committee

\* 10th CSC \* 10th CSC \* 10th CSC \* 10th CSC \* 10th CS



**President**Daniel Tan Ngiap Ginn



**Finance Secretary**Shi Wei Fei



**General Secretary**Tan En Liang Mark



**External Vice- President**Haripriya Sharma



**Internal Vice- President**Ong Hui Wen



**ACE Director**Samuel Ng Cheng Yong



**EXA Director**Goh Meng Wee



ClubSocs Director
Lim Ji Wei



**Publicity Director**Neo Chai Yong Angeline



**Sports Director** Mavis Pek Sze Min



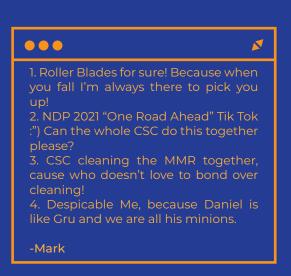
**SI Director** Ashwin Pandiyan

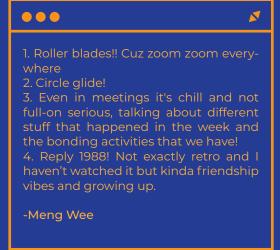


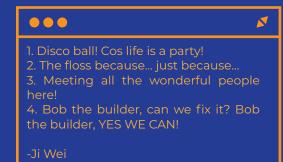
**SAC Director** Shanna Lim Wen Siew



- 3. We had CSC Retreat during summer break where we played fun Running Man games and Weifei made a sticker pack of everyone then!
- 4. Phineas and Ferb because you don't see what we do or create but things still get done.
- -Daniel



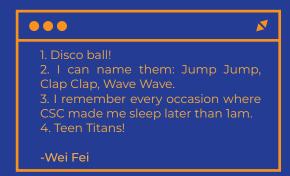












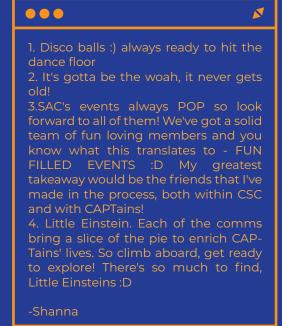


### 1. Roller blades or disco balls?

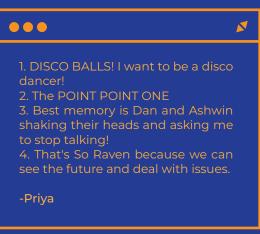
2. Favourite dance move at the disco (or favourite dance move in general)

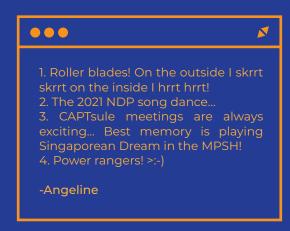
3. What is your greatest takeaway or your best memory from 10th CSC?

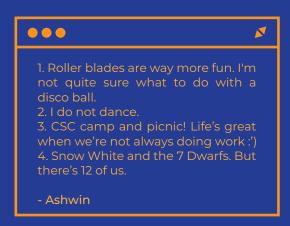
4. If you could describe 10th CSC with a retro show, what would it be?

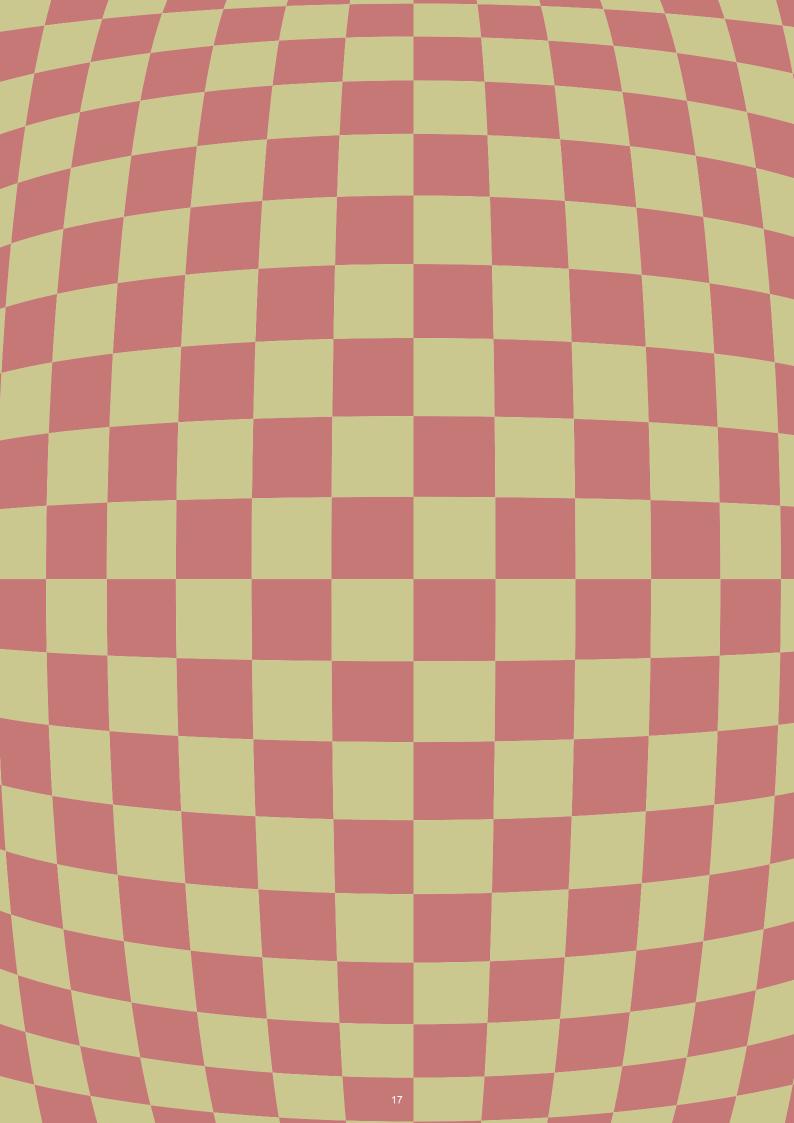
















### **External Affairs Committee**

- 1. Goals: To create a stronger alumni network, build strong inter-college relations, and foster an enjoyable and cohesive environment for committee members to work in!
- 2. Most unique thing about EXA: Working with different partners from within and beyond CAPT!
- 3. If EXA was a retro show: Not exactly retro but Hometown Cha-Cha-Cha!!



### **Student Affairs Committee**

- 1. Goals: For our members to inspire one another to rise up and take ownership through creating a supportive, vibrant culture within SAC, and for our student-centric events to create enjoyable and memorable experiences for CAPTains.
- 2. Most unique thing about SAC: Each of us is different and special in our own ways, yet when we come together, it feels like we're all part of this big family that vibes so well together!
- 3. If SAC was a retro show: Care Bears! The members, just like the care bears, have a lot of love and care to share (though we don't shoot rays from our tummies)!



### **Social Innovation**

- 1. Goals: To achieve far beyond what we imagined ourselves capable of and to do it as a family!
- 2. Most unique thing about SI: We all quite sot one uh, really living up to our belief in controlled chaos LOL!
- 3. If SI was a retro show: Back to the future cuz we're dragging the future into the present. xD



### **Sports**

- 1. Goals: To bring sports to everyone and everyone to sports.
- 2. Most unique thing about Sports: Our ability to achieve a wide range of goals by utilising sports as an avenue.
- 3. If Sports was a retro show: Winx Club! We make fantasy a reality.



### **Clubs and Societies**

- 1. Goals: To bring vibrancy and colour to the lives of every CAPTain through the Arts and to nurture an inclusive art and culture scene for all CAPTains.
- 2. Most unique thing about Clubs and Societies: Spearheading the development of the Arts and Culture scene in CAPT, from music, to food, to photography, and hosting regular arts events with performances featuring our very own CAPTains!
- 3. If Clubs and Societies was a retro show: High School Musical! We all have passion in the Arts, and work hard to overcome challenges and our differences to make the Arts and Culture scene in CAPT spectacular and inspiring!



### **Publicity**

- 1. Goals: To deliver content that is engaging and relatable, to be a dedicated archive of the collective experiences of CAPTains, as well as ensuring everyone in Pubs is able to create meaningful memories with one another!
- 2. Most unique thing about Publicity: We are the biggest committee in the CSC comprising 4 different sub-committees, with 21 members. Also, the dominant zodiac sign in Pubs is Aries!
- 3. If Publicity was a retro show: Teletubbies! Each teletubby can represent one of the 4 sub-comms we have in Pubs.



### **Active Community Engagement**

- 1. Goals: To spark curiosity and engage all CAPTains in learning more about different communities while prompting them to be introspective and reflective. We also seek to developing their interpersonal, empathy and understanding of different communities.
- 2. Most unique thing about ACE: We all love sashimi! We ate 70 pieces of sashimi during our first meeting.
- 3. If ACE was a retro show: WINX CLUB!



### **Arts Showcase**

- 1. Goals: To create a show to be remembered, foster an appreciation of the arts and culture scene through showcasing the talents of individual CAPTains, and to facilitate their growth and development in the process.
- 2. Most unique thing about Arts Showcase: The ASC committee is a group of diverse CAPTains with different skill sets and responsibilities, each value-adding and building upon each other's efforts to different parts of the showcase, weaving our talents into one amazing production.
- 3. If Arts Showcase was a : Glee. Similar to our committee, the sentiments of individuals from diverse backgrounds uniting to put on a show for everyone is represented by our members' varied personalities that are able to come together to create a memorable show. Ultimately, we hope that ASC brings a "Glee"-ful smile to everyone's faces:)



### CAPT10

- 1. Goals: To allow CAPTains and staff past and present to celebrate the past, embrace the present and envision the future together. For the committee, we hope our CAPT10 members are able to take pride in the events they plan, while finding friendship, joy and meaning in what they do.
- 2. Most unique thing about CAPT10: This is the only year you will find a CAPT10 committee as it has been specifically formed to celebrate our 10th year anniversary. With this backdrop, it gives us a lot of freedom to plan new initiatives yet it also presents a whole new set of challenges that other committees may not face.
- 3. If CAPT10 was a retro show: Big Bang Theory! We are going to make a difference in CAPT.



### **CAPT Ambassador**

- 1. Goals: This AY is focused on engaging pre-university students through sharing our Community Engagement and CAPT stories. We envision inspiring passionate students to consider CAPT as their College of choice.
- 2. Most unique thing about CAPT Ambassador: CAPT Ambassadors is a small committee of 10 enthusiastic CAPTains, where 70% of us are ROCkers:)
- 3. If CAPT Ambassador was a retro show: Tom and Jerry! Just take a look at who is in our committee.



### **CAPT Support**

- 1. Goals: To create safe spaces in CAPT for conversations about mental health to happen, in hopes that CAPTains will be able to support and be supported.
- 2. Most unique thing about CAPT Support: We are a non-exclusive committee with other CSC comms, so that allows our members to be involved in other events and reach out to more CAPTains.
- 3. If CAPT Support was a retro show: Inside Out! All emotions are important and acknowledging our feelings helps us to understand ourselves better and learn how to balance our emotions.



### **CE Fest**

- 1. Goals: To grow together as we develop our passion for CE when planning for meaningful trails for our fellow CAPTains. Additionally, we hope that through CE Fest, CAPTains could break stereotypes and write new stories regarding hidden communities in Singapore.
- 2. Most unique thing about CE Fest: We eat bread together! Literally! Our initiation process is to eat a slice of bread in order to signify getting that bread together! We also have a lot of fun working together.
- 3. If CE Fest was a retro show: The Magic School Bus! Because we will be going on many adventures to different places! Meeting with partners, facilitating engagements and having insightful conversations... It will be a fun learning trip for everyone!



### enCAPTsulate

- 1. Goals: To bridge the understanding between CAPTains and the LGBTQ+ community, help develop a more compassionate view towards gender and sexual minorities, build a sense of support and community for CAPTains that are part of the LGBTQ+ community and empower them to create a space that is conducive for learning and exchanging the diversity of intersecting identities and histories.
- 2. Most unique thing about enCAPTsulate: Challenging the notions of LGBTQ+ issues and breaking the ice in discussions pertaining to sexuality and gender. These issues need to be discussed more and we feel a responsibility to build compassion and understanding to individuals of the LGBTQ+ community.
- 3. If enCAPTsulate was a retro show: Sesame Street! It has a heavy focus on inclusion just like enCAPTsulate.



### **FOC 2021**

- 1. Goals: For members to take away friends that they can keep in touch with and hang out with even beyond FOC; to come together and plan a good FOC that we are all proud of!
- 2. Most unique thing about FOC 2021: We have 31 members, making us one of the biggest committees in CAPT. It's also interesting how the whole EXCO (PD, VPDs, CSC advisor) is born in June!
- 3. If FOC 2021 was a retro show: Teletubbies because we sit around tables (for meetings), eat and drink, play together and then go to sleep!



### **FOC 2022**

- 1. Goals: To create a personal bonding experience for freshmen by providing them with a platform to integrate into the CAPT family, to facilitate the forming of life-long friendships within CAPT and ease the freshmen's transition into university life. For each committee member to grow and take something away from being a part of FOC.
- 2. Most unique thing about FOC 2022: We are all committed to providing an amazing experience for incoming freshmen. All of us bring different strengths to the table, but that's what makes this such a strong committee! Also, this is the only committee made entirely of Year 1s!
- 3. If FOC 2022 was a retro show: Friends! Because we're all friends:) No, but seriously, it's a show about very different people coming together and becoming amazing friends through their shared experiences and I think that encapsulates what our FOC committee is! The couch in Central Perk also kind of resembles CAPT's lounges:)



### One.CAPT

- 1. Goals: To enable and facilitate uncomfortable discourse to promote greater understanding and appreciation for racial and religious diversity.
- 2. Most unique thing about One.CAPT: We are a newly established advocacy group in CAPT!
- 3. If One.CAPT was a retro show: Power Rangers! They have always been a champion of diversity by creating a rich and diverse cast of characters for young kids to relate to. Likewise, One.CAPT would like to be a champion of diversity by providing a platform for CAPTains to address any racial and religious preconceptions as well as misconceptions that they may have.



### **Open Day**

- 1. Goals: Open to all, close forever; to be welcoming and accepting of future CAPTains and introduce them to lasting bonds.
- 2. Most unique thing about Open Day: Open Day Committee embodies CAPTains with a wide spread of interests united by the goal of sharing the CAPT culture!
- 3. If Open Day was a retro show: Phineas and Ferb. We are embarking on great adventures to construct memorable experiences during the winter break and beyond just like how they make use of their summer break to innovate!



### **Rag and Flag**

- 1. Goals: We want to go beyond raising funds and form personal connections with our beneficiary!
- 2. Most unique thing about Rag and Flag: We love our pizzas. But should pineapples belong on pizzas?
- 3. If Rag and Flag was a retro show: The Incredibles. Because we're extraordinary!



### **CAPTSLAM (Queensway)**

- 1. Goals: To develop and inspire mentors and mentees to be leaders to their peers and themselves through relational mentoring and reflection.
- 2. Most unique thing about CAPTSLAM(Queensway): We have both current and alumni CAPTains in our committee this year!
- 3. If CAPTSLAM(Queensway) was a retro show: Dragon Tales. The two children frequently travel to Dragon Land and help their friends in fulfilling particular quests, assisting them in their daily problems, and learning important morals through their experiences in Dragon Land.
- 4. Another community partner CAPTSLAM(Queensway) wants to work with: The community which the first iteration of CAPTSLAM Queensway worked with Chambok Bamboo Village, Cambodia!
- 5. First thing CAPTSLAM(Queensway) wants people to think of: Family! Not to be cringe but the culture we want to create is not one that is work-based, but one where you'd feel comfortable.



### **CAPTSLAM (Tanglin)**

- 1. Goals: To empower the participants of CAPTSLAM Tanglin with the determination for personal growth and resilience in the face of adversity through the adoption of a growth mindset. Through relational mentoring, we hope both our mentees and mentors gain important values, social and soft skills that can be translated and incorporated into their everyday lives.
- 2. Most unique thing about CAPTSLAM(Tanglin): As the programme nears its close, the mentees go through a trial by fire, with the guidance of the mentors from CAPT, to plan a massive cultural exchange with our overseas partner schools in Chiang Mai, Thailand.
- 3. If CAPTSLAM(Tanglin) was a retro show: Teletubbies. We embody the life of teletubbies mind, body and spirit.
- 4. Another community partner CAPTSLAM(Tanglin) wants to work with: CAPTSLAM Queensway!
- 5. First thing CAPTSLAM(Tanglin) wants people to think of: A journey of self-discovery that grows its mentors and participants mutually through relational mentoring that revolves around relevant values.



### KAMAL

1. Goals: Expose, Engage, Empower.

For Local Partner: To introduce a source of socio-emotional support and promote thinking outside of their social structure.

For Overseas Partner: To further the students' access to education and to provide a platform to encourage learning beyond their classrooms.

For Members: To provide members with opportunities to connect with the youth communities, learn specific skill sets, and to integrate community engagement in their personal lives.

- 2. Most unique thing about KAMAL: We're a bunch of fun-loving people who value both fun and work able to switch from professional mode to fun mode real quick!
- 3. If KAMAL was a retro show: Sesame Street the diverse characters, representing Kamal members, come together to form Sesame Street, a group of mentors who wish to impart the idea of education through a flipped classroom concept.
- 4. Another community partner KAMAL wants to work with: As Kamal focuses a lot on education, we would like to reach out to children and youths in other countries, such as Myanmar, Nepal and rural parts of China.
- 5. First thing KAMAL wants people to think of: Perseverant Passion.

### **ABOUT**

ACE Wing enables CAPTains to engage with a variety of communities, such as foster children, disadvantaged youth, the differently-abled and the elderly. Our 12 different community engagement projects are helmed and realised by passionate CAPTains with hearts to serve and determination to grow. It is our hope that through ACE, CAPTains' empathy will be strengthened and their perspectives will be renewed. Although the unabating COVID-19 pandemic serves as a challenge, CAPTains' desire to reach out to communities remains steadfast. This year, ACE has grown with the development of 2 new exploratory projects, ACE Homes and ACE Food Security. They will go on to provide more opportunities for CAPTains to serve and learn from niche communities. Rooted in the purpose of CE, CAPTains continue to seek understanding, develop empathy, build connections, and effect change in communities around us.

### **QUESTIONS**

- 1. What is one thing you want others to know about your partner organisation?
- 2. What is the most memorable experience within your ACE project?
- 3. If you could describe your committee with a retro show, what would it be?

# ACTIVE COMMUNITY ENGAGEMENT





- 1. One thing Kindle wants others to know about their partner organisation: We work with MSF and 4 other fostering agencies and it's always heartening to see their dedication and compassion towards supporting foster children.
- 2. Most memorable experience: Compiling a bucket list for the EXCO to complete before the end of our ACE project.
- 3. **If Kindle was a retro show:** Lilo and Stitch! Because we are one family:)



- 1. One thing Kindle+ wants others to know about their partner organisation: Creating greater awareness of how fostering works and that foster children are not the same as adopted children. It's not the word before youth that defines them, but rather their drive, dedication, and dreams in their hearts <3
  - 2. Most memorable experience: MSF sharing session! They were very informative and super friendly. They shared really interesting facts about fostering in Singapore and gave great tips for our engagement sessions. And of course, the friendships and bonding sessions:)
  - 3. If Kindle+ was a retro show: Friends! We all have interesting and unique roles in the dynamic of the team.



- 1. One thing Tasek Jurong wants others to know about their partner organisation: Our partner organisation curates programmes for the underprivileged children to help them develop themselves to their fullest potential, and this is in line with the goal for our ACE project this AY
- 2. Most memorable experience: Asking for pick-up lines from our mentors as their introduction :D
- 3. If Tasek Jurong was a retro show: Barney! Because we are one big happy family.



- 1. One thing CAPTSpark wants others to know about their partner organisation: Our partner APSN Chaoyang School is a really big community that provides special education and it even has real-life SBS double decker bus and bus stop in the school to teach its students how to navigate through public transport independently!
- 2. Most memorable experience: One of our first EXCO meetings where we came up with random ideas like naming our family groups after MRT stations!
- 3. If CAPTSpark was a retro show: Thomas & Friends! Because we are friends that work hard together, and our family groups are named after MRT stations (because our theme for this AY is public transport)!



- 1. One thing Migrants wants others to know about their partner organisation: JTC Corporation manages 5 out of 8 recreational centres for migrant brothers in Singapore namely Cochrane, Kranji, Penjuru, Terusan and Tuas South recreation centres. These spaces act as alternative locales for the migrant brothers to gather and relax as JTC aims to cater to the recreation, retail and social needs of the migrant brothers in Singapore.
- 2. Most memorable experience: Writing cards and attempting to make dalgona candy for our volunteers to welcome them onboard this journey with us!
- 3. **If Migrants was a retro show:** JESSIE! Because we may come from all walks of life and are vastly different but we still love and support one another like a real family!:) <3



- 1. One thing Constellations wants others to know about their partner organisation: Although the youths in SBHL are part of a rehabilitation program, they are still teenagers with similar interests, fears, and dreams. Volunteers play a unique role in helping to reintegrate the boys back into society through genuine connections and relationships built along the way.
- 2. Most memorable experience: It will probably be the finale recording! The youth even dressed up and we had a nice meal together after 10 weeks of guitar lessons!
- 3. If Constellations was a retro show: The Magic School Bus :-) As we journey on exciting engagements, we hope to discover songs, people, instruments and learn about the wonders of music along the way.



- 1. One thing CAPT in Silence wants others to know about their partner organisation: CIS has been working with Beatty Secondary School for the past few years. The school provides educational and emotional support to students with moderate to severe hearing loss to study alongside their peers in the mainstream academic curriculum.
- 2. Most memorable experience: When everyone drew 'ugly' portraits of each other during our first bonding session, which became their family group profile photos :)) It was really funny to see our comm turn into Picasso for a moment.
- 3. **If CAPT in Silence was a retro show:** Powerpuff Girls because we are CIS-ters: ^)



- 1. One thing CAPT in the Dark wants others to know about their partner organisation: SAVH and AISS are awesome partners, and they are passionate about building the VI community. They are all in when it comes to raising awareness about the community!
- 2. Most memorable experience: When Hidden Comms Junior Seminar invited Siew Ling, a deaf blind individual, down to CAPT for a talk, she served as a spokesperson. Her talk was very enlightening and it fuelled our desire for CE and increasing CAPTains' knowledge about the VI community.
- 3. If CAPT in the Dark was a retro show: The Office because our work is fun!:)



- 1. One thing PACE wants others to know about their partner organisation: While many might know of Save Our Street Dogs (SOSD) as one of Singapore's largest dog shelters, SOSD actually does so much more and is active in areas such as conducting Animal Assisted Activities and facilitating Trap Neuter Release programmes!
- 2. Most memorable experience: When our EXCO Zoom meeting turned into a pet meet-and-greet! (everyone in the EXCO has a different pet.)
- 3. If PACE was a retro show: Hi-5! Our comm has 10/10 wholesome vibes and share the same kid-friendly dynamics as Hi-5! The 5 of us have similar energy levels and we love to have fun while working hard together:)



- 1. One thing-Elderly wants others to know about their partner organisation: We always look forward to meeting the elderly at Sheng Hong Welfare Services (SHWS). They're always welcoming and absolutely young at heart! We're also really grateful to Kelly from SHWS she has been a tremendous help to ACE elderly <3.
- 2. Most memorable experience: Our first EXCO dinner where we embarrassed Jamie (PD) when celebrating her birthday by blasting the happy birthday song in BIAP! (and forced her to eat cake even though she doesn't like them.)
- 3. If Elderly was a retro show: Scooby Doo! Although our team comprises very different and diverse individuals, we recognise that we can all bring something different to the table and somehow when we come together, we work really well together and always have fun meetings!



- 1. One thing Food Security wants others to know about their partner organisation: @27 Family Service Centre is extremely enterprising in sourcing new ideas to benefit the lives of the less well-off in our midst!
- 2. Most memorable experience: A Case Worker from the Community Partner shared about the effects of poverty on one's decision-making ability.
- 3. **If Food Security was a retro show:** Wheel of Fortune! Every week's engagement session is different, just like how each episode of the show is different!



- 1. One thing ACE Homes wants others to know about their partner organisation: Our partners GoodLife! and New Hope Community Services work with several communities, including clients who hoard, to hold their hand through the befriending and decluttering journey. We are extremely grateful to our partners for giving us the opportunity to help spread awareness of this issue of hoarding!
- 2. Most memorable experience: Eating steamboat at Sukiya together and Jia Le ate more meat than all of us combined.
- 3. **If ACE Homes was a retro show:** Groom My Room. Because we make a room from good to better!









ONG, CHAN CHOON YONG, CHARLENE YAP, CHARLOTTE HO, CHARMAIN YAP, CHEAH HAO YUAN, CHEN WEI-CHENG, CHENG CHU, CHEW YU CAI, CHNG LIP KUANG, CHONG ZHEN YU, CHUNG WEN YEO, RUTH TEO, SAMUEL KRISTIANTO TJONG, SHANNON CHOW, SHAWN CHING RIESA, SHAWN LIM, SIEW ANH, TAMMY CHANG, TAN JIA LE, TAN WHEE LEE, TAN XIAN ZHEN, TAN YONG XIN, TANG ANDREA DUNN WAN YEE, ANDREA MAE, ANDREA TAN, ANVITHA RAJARAM, ASHLEY KWAN JING YI, ASHWIN PANDIYAN, BALAJI SEENIVASAGAN, BERNESSA ANG, BERNICE ONG, CHAI MING HOW, CHALMERS TONG, CLIVE GOH, DANIEL CHOO, ELIAS TAN CI EN, ESTENE CHEONG, ESTHER CHEAH, FAN SHIXI, GARY CHIN, GASTON GOH JUN XIAN, GERYL TAN, GINETTE LIM, GINN TAN, GOH SHAU HUI GEORGE, GRACE CHEONG, GREGORY WONG TWEE LOONG, HILMAN LEE, HOO JOSIAH JOHN, JAMIE NG, JAYVINN WONG, JEFF TEO JIUNN, JEROME LEE, JESSALYN KOH XIU LIN, JETHRO KIU YAO QUAN, JIANG YI XUAN, JIN YI, JOHN TAN WEE KWANG, JONATHAN CHAN, JONATHAN LAU ENCI, JONATHAN LOW, JOSHUA LIM, JOSIAH FOO JIE HERNG, JOY WAN, JUSTIN LIM, KANG ZONG XIAN, KELLY LOW, KIERAN LIM, KRISTEN EE SZE YEAN, LEE YI XIN EUNICE, LEWIN TURQUEZA, LIM EN NING, LIM TZE XIN PAMELA, LIONEL LIM JUN TING, LIU YUTONG, MAITREYA LEE, MAK WAI MING, MARCUS PHUA, MARILYN CHOONG HUI SHAN, MICHELLE TAM, MOHAMED NASIM AMEENAH, MUHAMMAD FARHANN BIN MUHAMMAD HANAFI , NAOMI CHAN, NG JUN WEI, ONG WEE JEN, PEH JING YEE, PEK ZI WEI, QIAN YILIN, RACHEL QUEK QI XIN, RUSSELL XIN RU VANESSA, TAWAKUL, TIFFANY TAN, TIMOTHY NG JUN WEI, TSAI YI ZHEN, VALERIE KOO, VANESSA LAU, WANG QIANYI, WONG JU LE, WOO ZHONGYI DEAN DEDRIC, XIE WANXIN, YONG HAN MING, YULEA SIM YUET NING, YVONNE LEAU, ZACHARY CHAN, ZHAO LUOYUANG

To be honest, blue was never my favourite colour, but I have to admit that it is a really versatile colour which pairs well with many things! There's a reason why people are ALWAYS in our blue house shirts after all... So I guess I would like to keep our house colour!:D - Yong Xin

As much as possible we'll stick to blue, but purple seems cool too! - Andrea Mae

#### What is a value of your house that you hold close to your heart?

One of ROC's values is compassion, and it's something that can really be felt through our daily interactions. People always strive to be inclusive with lunch jios, Tangyuan Tuesdays and free baked goods; their kindness is something I'll always appreciate!
- Yong Xin

Minimum effort, maximum fun! - Andrea Mae

## What is another mythical creature that represents your house?

The spirit that possesses ROCkers and makes them crazy over a particular game. One of the tiled varieties.

- Yong Xin

Maybe a mermaid? Since Roc is on the lower level, we thought it would be interesting to have a sea creature as our mascot. - Andrea Mae

## If you could come up with a new word to describe your house, what would it be?

I just wish ROC wasn't an abbreviation for so many other things because that would really reduce the confusion <3 - Yong Xin

Galatea sounds cool! It means 'goddess of calm seas', and it embodies the 'blue' spirit of Roc. - Andrea Mae

#### Describe your house with a short phrase/quote.

Ruthlessly Optimistic Creatures. - Yong Xin

Wolves. Together. Strong. - Andrea Mae





















LIANG, CHUA MING FENG, CHUA WEI YU, CHUA XIN YING, CHUA ZI TAO, CHUA ZI YI, CLAIRE KOK, CLARA TAN, CUI YUE, DANIEL ONG YI JEAH, DANIEL TAN, DARRYLL EDMUND, DENZEL TAN JUN YAN, DEWI MURNI BINTE MUSA, DIONNE TAN, EAINDRA PHYO, ELDINA HO, ENRICA GOH, ESTELLE HO JIA HUI, ESTELLE TAN, FAITH CHUA, GAN MING HUI, GAVIN TAN KOH WEE, GLENN CHIA, GOH BING QIAN, GRACE CHUA ZHENG LONG, LUKE TAN LIANG LU, LUKE-JOHN LEE SUEN KEAT, MARCUS JOSEPH, MARCUS TAN GUO XUAN, MARK RODRIGUES, MARVIN CHOO, MAVIS PEK SZE MIN, MOH TIANG XIN, MOHAMED FAROUQ BIN MOHAMED, NG SHUO LING, NG WEN XIN, NGIA WEN XIN, NURYN, NURYN, OISTINA SUHAIMI, OH MING SONG, PANG KAI YI, PRODDUTURI DHATRI REDDY, RACHEL WONG SHI NING, REBECCA WAM KAI HUI, REINA TEO, RENA NG RUI YAN, SAMUEL NG CHENG YONG, SARAH GOH, SEAN CHUA TENG HUI, SHANNA LIM WEN SIEW, SHANNON EFFENDI, SHAYLIE YU SHIHUI, SHERRY LI, TAM YE TING, TAN HUI SHAN, TAN JIA JIA, TAN AISYAH NURUL IZZA, ANDREA CHONG, ANG LIN XUAN, ANG YAN ANG, ANG YUE YIN, ANGELINE NEO, AW WEI SHAN, BENJAMIN OH, BETH LIM, BRYAN ONG LIMING, CHARISSE PEH, CHARLENE CHUN, CHARLIZE MINT SHEEN, GUOK WEI JIE, HANNAH LOH PEI BING, ISAAC NEO, JAZLYNN QUEK WEI HUI, JOBELLE CHIA, JOEL WONG JUN YONG, JORDAN YOONG JIA EN, JOSEPH DREW ALEXANDER, KATHRYN OEI CHIU PING, KEITH CHEW, KELLEY SENG JOY WIN, KENN ONG, KEVIN KONG WEN HAO, KYLIE CHAN, LAM SHI LE, LEE CHAN HON, LEE LIN YUAN, LEE SONG YANG, LIM REI HRN, LIM TING WEI, LIN YANXUN, LUCAS LAM YING TING, TAN YU SHUANG, TANG YING JIE, THOMAS DE SILVA, TIMOTHY TAN, TOH JING YONG, VICTORIA LIEW YI XUAN, WEE JIA QI, WU SHUQING, YANG XIN YING, YASMIN TAY, YUNE THIRI KHIN, ZECHARIAH TOH, ZHANG XI KAREN, ZHAO XU ZE, ZHUO WEIDA













We would not change our house colour. We love green. Green is our favourite. Everything important in life is green. Our blood is green. We're just like plants - hungry for sunlight to photosynthesize and create the very first form of carbohydrate. - Joseph

Rainbow because 5 houses 1 CAPT! But also because we're diverse, multi-talented and passionate! - Gavin

### What is a value of your house that you hold close to your heart?

Hunger. As The Rock once said, "It's about drive, it's about power we stay hungry we devour." In Dragon, we are always hungry for food, snacks, and suppers. But not just that, our competitive side makes us hungry for Ws and our soft side makes us hungry for love, affection, and companionship too! - Joseph

Inclusiveness! - Gavin

#### What is another mythical creature that represents your house?

Loch Ness Monster because dragons dominate the sky so now is the time to conquer the open oceans!!! IT'S ABOUT DRIVE IT'S ABOUT POWER WE STAY HUNGRY WE DEVOUR. - Joseph

Dinosaurs or maybe unicorns because rainbows and also pink fluffy unicorns!
- Gavin

## If you could come up with a new word to describe your house, what would it be?

Dragpions - Dragons are champions! Champions of sport, having fun, chilling, and most importantly, food. - Joseph

RAWR - full of cool and awesome people! - Gavin

#### Describe your house with a short phrase/quote.

Breakfast eat like a king, lunch eat like a king, dinner eat like a king, supper eat like a king - because HUNGER is our value! We are hungry, hungry for everything, especially food! - Joseph

Open jio anything, close anytime. Whatever you need, you will find. - Gavin

# Garuda



HUI, LEE ZHAO RAY, LIAW ZHENG KAI, LIM BIN YAN, LIM DING FENG, LIM JIEYU, LIU FANGLIN, LUKE ANG JIA HAN, MARCUS JUDE WONG SHYUAN, MARCUS WONG KWANG YANG, MAX TAN, MEGAN KOH XIAO JING, MICHELLE CHIAM, MICHELLE CHIAM, MICHELLE CHUNG, MIN HTAT MOE, MOON NG JIA YUE, NATHANIEL CHAN, NG CHI SIN, ONG HUI WEN, ONG JIA ZHI, ONG LI-JIN, RACHEL ARIELLA SALY, RACHEL OU RUI QI, RENA CHONG ABIGAIL CHOO, ADAM HO KENG YUEN, ADEN TEO JUN YONG, AHLYSHA PANICKAR, ALANNA FOO KAI EN, ALWIN ANG YONG SIANG, ANDREW WU, ARTHUR NG, ASHLEY YEO, BAI HONG YEOU, BREANNA TAN SZE CHI, BRIAN YEO, BRYAN CHONG, BRYAN ONG, CHAN KENG JIT, CHARMAINE KOH, CHLOE TAN, CHONG XIAO XUAN, DANIEL KOK JIA WEI, DANIELLE NGIN, DAVID ANG HUI KAI, DOMINIC SIEW ZHEN YU, DONOVAN NG ZHI YOU, DUH YI LUN, ELGIN CHAN CHONG SIAN, ETHAN CHEUNG, EUNYCE LOH, FELICIA CHONG, GOH MENG WEE, GRACE LIM SHI ERN, HARIPRIYA SHARMA, HENG XIAO WEN, HONG XINGWEN, ISAAC SNG SI YI, JACE LIEW, JAMES YAK JUN YAN , JANE TNG, JANELLE TEOH, JARED LIANG KAI JIE, JEFFERSON YEO, JOEL WONG YI HAO, JOELLE LAU, JOLENE TAN, JONATHAN MUI KOY KIT, JOSHUA LOW JUN HOE, JOSHUA NG QI HAO, JOSIAH BOH TSUI YU, JOY YEO, JUDITH HAN, KARISSHMA SHRI THIAGARAJAN, KATRIEL CHONG KIT SHUEN, KEE XIAN HUI, KERWIN CHIA, KOH ZI YI, KYRA CHONG, LAI YUTING, LANG SI HAN, LEE SI PEI QI, REUBEN CHUA, RICHA RAJADHYAX, RUPA MAKKINI, SARA WONG, SARITA ZHANG TONG YU, SERENE TAN, SHERLINE TAN, SHIYUN CHENG, SKYLAR WILLEM DIJONG , SOPHIA POH SI HUI, TAN HUI XUAN, TEO KAI TING, TERENCE LIM, TERESE LIM FANGLI, TEY CHENG JUN, TOBIAS TEO, VANESSA CHEW SUEN HUI, WAYNE NG JUN CHENG, WU XINGYI, YAO JIAXIN, YAO ZECHENG, YOLANDA LEI, YONG XIN YU, ZENITH WONG HUI XIAN, ZHONG XINGHAN

We would keep it as yellow because it represents wisdom and speed as told by our profs! But we love it because it's the colour of the sun and we shine so bright - - Kyra

I wouldn't change my house colour. I love yellow :-) and I think the vibes of the colour have helped to shape Garu's house culture over the years. - Sarita

## What is a value of your house that you hold close to your heart?

Garuda is a fun-loving house, we go wild quite often but these are the things that allow us to create fonder memories with each other during our stay here! - Kyra

Clownery. - Sarita



## What is another mythical creature that represents your house?

Unicorn 'cause we're magical and cute as heck!! But also because they don't actually exist, just like our sanity during exams period! - Kyra

A Troll. - Sarita

## If you could come up with a new word to describe your house, what would it be?

Ga'uwu'da - because we slay the uwu vibe. - Kyra

Gasupu! It would mean 'Gasp! Garu so upz!' - Sarita

#### Describe your house with a short phrase/quote.

Heart of CAPT but not the brain of CAPT... Is that why we have no study room?

Home sweet home uwu. - Sarita





















MOHAMED SAHROM, NAH JIE HAN, NGOI HUI WEN VANESSA, NGOO TIEN HONG TED, NICOLE LEE, NICOLE LIM, NICOLE ONG, NIGEL IAN CROSS, NITA CHENVISUWAT, NUR FARISAH SYAHIRAH SULAIMI, ONG MAXINE VALERIE, OW YONG JIN XUAN, PAU MING-DE MATTHEW, PEARLYA PUTRI PREANDRA, PHUA KENG WEE, RAY YEO, RAYNA NG, S SRIHARINI, SEAN LOH, SEE WEI YANG, SHI WEI FEI, SHIRLEY TAN HWEE MIN, SOPHIE WUN, SUMMER YU-NING WALTERS, TAN EN LIANG MARK, TAN SHI JUN KEITH, TAN WEN XIN, TAN XIN HUI, TAY RUI HUA ROXANNE, TONG XIN, WONG SHU JUAN, XU SIQI, YEK AARON FOO YU RONG, ALEXANDER TOK JUN SHONG, ALFONSINE LIM, AMANDA CHUA, AMANDA WOO, ANGELINE LAI, ARTHUR HO, AVIGAIL CHAN, BENECIA HAN, BENJAMIN GOH, BRYAN CHUA, CELESTINE TAN, CHAN CHANG YU LINUS, CHARMAIN NG, CHEN LORETTA, CHEN YIAN, CHENG JUN YUE JEDIDIAH, CHEONG HUI EN ELIZABETH, CHIN JUN QI MAVIS, CHRISTIAN TEO, CHRISTINE TOH SI YING, CHUA TUAN JIN, DANIEL CHEW, DAVINA LEE, FAITH TEO, FAITH YIP, GERALDINE SOO, GLENDON NG, GOH YU XUAN BRYAN, GRACE CHEONG, HAN SHANG YU NATHANIEL, HIU LI XUAN, HNG SHAN HERN, HO SHU JUN, IAN HONG, JAMES TEO, JAPLEEN KAUR, JAREN ONG, JATHNIEL HO WEN KAI, JEREMY NG, JEROME PUI QIXUN, JOANNA LEE JING HUI, JOANNE TEO MIN-YI, JOEY CHONG, JOLENE HOO, JOSHUA GOO, JOSHUA YAP, JULIA ZHU, JUSTIN LEO, KAAVIYA PANDIYAN, KAREN CHONG, KAWKEEREE NAWAT, KOH JIA YI, KOK MIN YI SAMANTHA, LAI KYE SHEEN, LAI QIAN PING, LAM JING XUAN, LEE JIA XIN, LEE XIN ERN FRANCESCA, LIM GEE YAN VALERY, LIM JUN ALVIN, LIM WEI HERN JOVAN, LIM YI ANN, LIM YI LEO, LIM YUNG KANG JEREMY, MADELINE JUSTINE QIU, MARCUS NG, MELISSA POH, MUHAMMAD SYAFIQ BIN JIN TECK NICHOLAS, YIN WENDI, ZECHARY AU JUN WEN













White! I think white is a very simple and appealing colour and it is a nice color to have as a house shirt HAHAH! - Linus

Gold! Because we are precious metals! - Roxanne

#### What is a value of your house that you hold close to your heart?

Inclusivity. I think it is something that I really appreciate from Phoenix, where you always feel welcomed to join various activities, be it lunch jios, supper jios, or even random activities that people organise and invite the entire house to join such as playing sports or even learning to type faster! - Linus

**CLEAN THE LINT! - Roxanne** 



## What is another mythical creature that represents your house?

Nine-tailed Fox. - Linus

Shiny torchic. - Roxanne

## If you could come up with a new word to describe your house, what would it be?

KAWKAW. A little wacky but filled with genuine and kind Firebirds. - Linus

PHOE-mily, it means that we are a family! - Roxanne

#### Describe your house with a short phrase/quote.

Humans, not places, make memories. - Linus

You thought the sunset was pretty but I thought you were prettier! - Roxanne





THAM, REIKO LIM, ROXANNE TAN, SAMMY BON, SARAH LEAN, SHAUN ANG, SHAYNA YANG, SIM JUNHUI BRYAN, SOH JE HOU, STEPHANIE PECK ERN HUI, SUZANNAH LUM, SVARRUPA ISHANA MAHENDRAN, TAN WEI EN, YALERIE LOW, VALERIE LOW, VAL SHI MIN CHRISTABEL, CHELSEA YONG KAI RU, CHEN HSIAO TING, CHERE CHONG, CHEUNG HAO HAN RYAN, CHEW JUN HAO KEITH, CHIN JING HNG, DARRELL LIM ENRUI, DEAN LOK JIA HAO, DESMOND KIM, DING HAIYAO, ELIZABETH CHEW QINYING, ERNEST CHAN, FANG CHIH LING, FELICIA LYNN SUGIHARTO, GABRIEL LIM, GANEASH SELVARAJAN, GEORGIA SIM, HENG REISS FAITH, IAN LEE KANGHAO, ISABELLA MAYA AIRICA CHEAH, AMANDA YAP, AMANDA YAP SHEE HWEE, CAO YIXUAN, CELINE ONG, CHAIWATTANA TEO, CHAN ZHENG QI, CHARLOTTE LOY, CHEAH JUN XIONG BRYAN, CHEANG XUE TING, CHEE QUAH, JAYANTH REVINDRAN, JEREMIAH ONG, JOANNE TAN, JODI TAN, JOHANNA LEE, JONATHAN TAN JERN-WEI, JONATHAN YEW TIEN JIN, JOSE TAN, JOSHUA TEO WEI YOU, KATHERINE KUOK, KATHLYN LAIU, KEITH PHUAH, KELLY KOK, KIRTI JOY MENON, KOK YAN JIE GEOFFREY, KYLIA TOH, LAUREN TAN, LEE BING HAN GIFFORD, LEE ISAIAH SCOTT, LEE MING WEI, LEE SHI PIAN, LI CHENGYUE, LI ZI ANG, LIM JI WEI, LIM XIN YI, LIN FANGXING, LING JIT THONG, LOH QIAN YI, MARK YEO, MARYANN TAY YING KEE, MAVIS NG, MEGAN CHUA, MOHAMAD HASIDI MUHAMMAD AQASHAH, MUSTAFA JAZLI, NG RUI YUN, NG RUI ZHI DILLON. NG WEI SHENG PIERCE, NG WEI SHERMAN, NGAN XI RUI KEENE, NICOLETTE KUM, PANG XUE LE CHERYL, PHEBE KOH, PHOA ZHI RONG LINUS, POOJA JAYARAMAN, RACHEL LYNN THAM KAITING, RACHEL WONG, VANESSA CHAN, YEO JIN KANG JAVIS, ZHANG ZHE XIN, ZOEY CHUA

I would change it to blue! Tulpar is a very welcoming house and has the wholesome vibes. Like the colour blue, I definitely feel relaxed and calm around Tulpies. - Jean

We wouldn't, because black is the coolest colour! - Bing Qi

## What is a value of your house that you hold close to your heart?

I am not sure what the house values are, but I definitely think that a sense of community is embodied in all Tulpies. Everyone looks out for each other and I am often touched by the acts of kindness that they show:) - Jean

Inclusive! Everyone is very open and always extending invitations and jios to each other. - Bing Qi

## What is another mythical creature that represents your house?

Pegasus - a winged horse (IoI). Having wings means the creature can fly to high places, much like how Tulpar house is located on the top floors of CAPT. #bestviews - Jean

Flying McDelivery! - Bing Qi





#### If you could come up with a new word to describe your house, what would it be?

Sonder. This noun refers to the realisation that every person is living a life as vivid and complex as your own - filled with ambitions, love, friends and stories. Our house is filled with lovely people that are living a life so similar yet different from your own. - Jean

Tul-gether, as we always have fun together! - Bing Qi

#### Describe your house with a short phrase/quote.

Supper Jio, 11pm, Closing Soon! - Jean

First when it comes to views, last when it comes to fire drills! - Bing Qi

















"Favourite place is CAPT;) And also MRT stations as it's the rendezvous for more adventures! My favourite local dish is Mala Hot Pot!"



"My favourite place has been the National Orchid Garden, and my favourite food has been spicy hotpot!"



"Favourite place UTOWN, favourite food lemon chicken rice!"



"Favourite place is Henderson Waves at night, favourite local food is Mala Hotpot!"



"Favourite place is Yakun Kaya Toast, the walk from CAPT to West Coast Park



"Favourite place is Li Xuan's house hahaha, and favourite food is lohei from Li Xuan's house."



"On campus, my favourite place would have to be the techno edge canteen (I am very food motivated haha) & I am in love with mala hotpot. Off campus, I really enjoy biking and spending my day at Pulau Ubin or finding hidden cafes and restaurants around SG!

"I love Marina Bay and hotpot is sooo good!'

## xcHange

What's your favourite place & local food delight in Singapore?





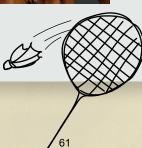




- 1. What is the best thing about your IG?
- 2. Share with us the highlight play of your IG!
- 3. If you could describe your committee with a retro show, what would it be?



Badminton



- 1. Best thing about Badminton: We are an inclusive sports IG that is easy to pick up (you only have to pick up a racket!) Everyone here is very friendly and supportive!
- 2. Highlight play: There was a doubles game going on and one of the players dived to reach the shuttlecock as it was out of his teammate's reach an excellent demonstration of teamwork and team spirit!
- 3. If Badminton was a retro show: Dora the Explorer! We are always exploring new ways to make the IG more engaging and inclusive, and of course, always fun!

- 1. Best thing about Basketball (M): Basketball is a great place for people of different backgrounds to come together and have fun. This fun comes along with the opportunity to learn, challenge, and get better together.
- 2. Highlight play: Working and fighting hard during ICG as a team while also bantering with each other during ING across our different houses.
- 3. If Basketball (M) was a retro show: Space Jam 2! It shows how we overcome challenges along the way, like in our daily lives.





Basketball (M)



- 1. Best thing about Basketball (F): Its inclusiveness! All girls are welcome, regardless of skill level, and beginners are encouraged to join. There are endless shenanigans on and off the court, which fuels our indomitable team spirit!
- 2. **Highlight play:** Seeing plays that we have learnt executed successfully in the heat of competition brings us great pride!
- 3. If Basketball (F) was a retro show: Powerpuff Girls! It represents our diverse personalities and characters, yet despite our diversity we still bond together to fight hard and have fun!







## Captain's Ball

- 1. Best thing about Captain's Ball: Being able to play friendly games, learn from one another or just clown around!
- 2. **Highlight play:** Every play is a highlight play because it is a surprisingly competitive sport that comes alive during competitions like ING and ICG! It's always fun to watch!
- 3. If Captain's Ball was a retro show: Phineas and Ferb! Because we are constantly trying to think of new and wacky ideas to make IG sessions even more fun!



Climbing

- 1. Best thing about Climbing: Our culture! Essentially exchanging climbing knowledge, helping each other climb better while having candid fun amid it all! We also always end our warm-ups with push-ups!
- 2. Highlight play: Climbing is very much an individual sport, yet, it is a sport that needs community! Come for one of the sessions and you'll realise people shouting "allez" (JIA YOU in French) or "send it" (when you're reaching the top) to cheer the climbers on. The best moment? Finishing a route you spent many days or weeks trying to complete!
- 3. If Climbing was a retro show: Hands down Brooklyn 99! We have Detective Jake, Amy Santiago, Captain Ray Holt and Detective Rosa. Come for IG sessions to figure who is who! We are in all honesty, goofy but we still deliver when we need to!

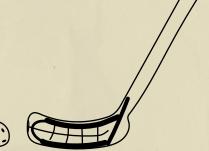


- 1. Best thing about Dodgeball: Dodgeball is a fun sport that can be both strategic and just plain dumb fun! The best thing about the IG, however, is definitely the community. The friendly people who come down to chill, talk and play!
- 2. **Highlight play:** One highlight we thought was pretty mad was when Zac managed to catch 3 straight shots coming at him in 1 game! Man has some sticky fingers.
- 3. If Dodgeball was a retro show: Totally Spies! We are cool, colourful and clown on the court.









- 1. Best thing about Floorball: The people who come and play! More than making up the numbers, the people who have come to join us have contributed to make the IG a place that people can rely on to unwind, relax and have loads of fun with each other on the court.
- 2. Highlight play: The spin move is the pinnacle of dribbling in our Floorball IG! You can see some people practising it at the side of the court when they're waiting for their turn to play, but the joke is that rarely any of us manage to pull it off in game #foolsatfloorball!
- 3. If Floorball was a retro show: SpongeBob SquarePants! Because half the time we (IG heads) don't quite know what's going on or what we're really doing, but we sure know that we're having loads of fun and that the people around us are too!



- 1. Best thing about Frisbee: People! The strong community of people that forms Chiwawas, both past and present, is what makes us unique! We live by the motto of "FUN & FRIENDS"!
- 2. **Highlight play:** Our annual Christmas scrim! Dressing in green and red, it is an annual tradition for Chiwawas to pit themselves against each other (in a friendly manner definitely)! While it is nothing too spectacular, the smiles and laughter are what will always be unforgettable in our hearts!
- 3. If Frisbee was a retro show: Hi-5! Not only do we exchange literal high-five with one another after a game, we seek to provide a safe space for people to create fond memories that they will treasure even years from now!





- 1. Best thing about Football: The people! Everyone is so welcoming:)
- 2. **Highlight play:** When we formed a human wall to make it 4 goalkeepers vs 1 attacker.
- 3. If Football was a retro show: Friends... because we're friends!

- 1. Best thing about Spikeball: The comfortable environment for you to learn a new sport, where everyone is friendly and willing to learn with you or teach you. IG sessions are always filled with laughter and light-hearted fun where players would engage in light banter. Even though it is a 2v2 sport, both sides still celebrate and get excited together when a sick play is made.
- 2. Highlight play: When players run for a far ball, and they actually get it back to the net. Or when players do sick plays like jumping over the net or layouts. Long rallies are loads of fun too!
- 3. If Spikeball was a retro show: Rush Hour! It's because we're chaotic and filled with memes.



Spikeball

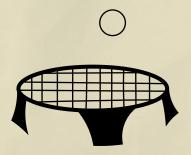




Table Tennis

- 1. Best thing about Table Tennis: During IG sessions, the more experienced players teach the less experienced players gameplay fundamentals to help the new players. Additionally, during IG sessions it is common to hear people screaming "CHOLEI" every time they win a point, and it can be quite contagious (yes IG sessions are filled with screams from all courts)
- 2. **Highlight play:** One highlight play would have to be 拉球(la qiu) it might look easy but it is actually really challenging and is typically the last skill which we would teach new players, but if you are able to 拉球(la qiu) well, you are known as a god in CAPTPONG!
- 3. If Table Tennis was a retro show: Balls of Fury! A comedy movie on Table Tennis, and we relate to it as our IG sessions are always filled with laughter and joy!!





- 1. Best thing about Tchoukball: The community that we've built! No matter if you're new or experienced, we'll welcome you with open arms (and some banter of course), so anyone can find a chaotic, fun, but most importantly, warm, and caring family with us:)
- 2. Highlight play: I can't think of any particular highlight plays to be honest! But when people shoot a good ball, defend well, or just do something that they've been learning or struggling with we will always cheer for them:)
- 3. If Tchoukball was a retro show: Brooklyn 99! It's because we are so chaotic and meme-able but ultimately, still a tight-knit family that welcomes everyone!



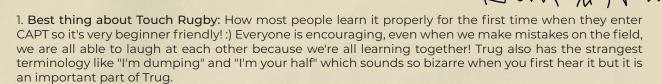
Tchoukball



- 1. Best thing about Volleyball: Although restrictions resulted in volleyball being played in groups of fewer than 6, the meaning stays the same. It's the people you play and train with that makes this competitive keep-the-ball-up game fun. Volleyball is a team sport. This reliance on each other builds a special chemistry and helps create strong bonds with others, no matter who is on the court.
- 2. Highlight play: Many times, people think that it is "impossible" to save a ball, but after all you miss 100% of the shots you don't take. Saving seemingly "impossible" balls gives you the chance to turn a hopeless situation into that sweet crucial point that could potentially turn the tide of your matches, and that's when you'll slowly fall deeper in love with the sport.
- 3. If Volleyball was a retro show: If not Haikyuu, what else? It is after all a volleyball show... Just like in the show, things do not always go smoothly, and we have disagreements with one another. But that's how we build chemistry and work better together. There's a lot of testing involved and it's really a give-and-take relationship that we have but we think that that's what makes things work between us and allow us to derive the best outcomes possible.



Touch Rugby



- 2. Highlight play: There isn't really any specific highlight move/play because all the different strategies used in game are quite cool every move requires immense teamwork and hard work in the game so we're always cheering our team on for giving their best:)
- 3. If Touch Rugby was a retro show: The old-school show, Seinfeld! Because every week it's a whole bunch of random things happening with new characters who come down for the IG sessions. It's very entertaining to see everyone learning trug because they make really funny fumbles and anyone who comes feels like they immediately belong to our trug family due to our warm and welcoming environment.





Tennis



- 1. Best thing about Tennis: The people! The friendships formed and the memories created is what makes tennis so fun and enjoyable! Seeing people with the passion to learn tennis regardless of their skill level is inspiring and it motivates us IG Heads to continue to teach and nurture fellow CAPTains!
- 2. **Highlight play:** Having a blast just rallying with one another!
- 3. If Tennis was a retro show: We would describe our dynamics to be like Harry Potter and Hermione because just like the wizard duo, we look out for each other especially through tough times. The only difference is that we wish we had magical powers to spice up our tennis skills to become the next Emma Raducanu and Roger Federer.



- 1. What is the best thing about your IG?
- 2. Share with us your favourite creation/ recipe/ performance/ discovery!
- 3. If you could describe your committee with a retro show, what would it be?





- 1. Best thing about HanDIYCraft: Getting to learn new things and create things that make us happy.
- 2. Favourite craft: Resin! It's really versatile and customisable, and many people enjoy it.
- 3. If HanDIYCraft was a retro show: Phineas and Ferb. It embodies the sheer joy in creativity that we hope all can enjoy!



- 1. Best thing about JamCity: Bringing people of different music backgrounds together to create their own music, talk and share about their own experiences while learning from one another!
- 2. Favourite performance: Arts Showcase'20! Performing onstage in the auditorium in front of other bands felt like we were performing live, and it was a very surreal experience!
- 3. If JamCity was a retro show: Lemonade Mouth! We relate to the joys and struggles of starting a band with your friends.

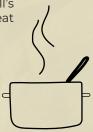








- 1. Best thing about Cooking: The super good food (that we eyeball most of the time!)
- 2. Favourite recipe: Our first ever fusion this AY, kimchi udon! It was bussin' and we know CAPTains that came down that day enjoyed it a lot ~
- 3. If Cooking was a retro show: Hell's Kitchen? Just kidding, we are great cooks!





- 1. Best thing about CAPTCoffee: It is a space for everyone to just come down and enjoy a good conversation over a cup of coffee, all while learning more about it as well!
- 2. Favourite drink: A good cup of iced pour over really brings out the notes of the beans used, and there are many different interesting flavours we have had when making it.
- 3. If CAPTCoffee was a retro show: FRIENDS! Friends is also set in a cafe where everyone can just gather and have a good time, with each day being a fresh new experience  $^{\sim}$

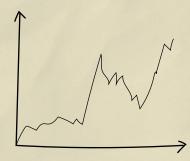


- 1. Best thing about Baking: Where like-minded individuals can come together and bond not just through enjoying good food, but through the process of experimenting and baking!
- 2. Favourite dessert: Our biscoff brownie! It was really delicious and simple to make!
- 3. If Baking was a retro show: The Powerpuff Girls we play with sugar, spice and everything nice!









- 1. Best thing about CAPiTal: Getting together to learn about personal finance through open sharings, and allowing CAPTains to bond and discuss creates a safe space for all in their personal finance journey.
- 2. Favourite sharing: Our BTO sharing! It was really exciting to share about a major concern that is on the minds of many individuals.
- 3. If CAPiTal was a retro show: Fantastic 4! Our committee, comprising Jose, Bryan, Caleb, and Wen Xin, always cover each other's backs!





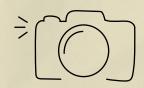


- 1. Best thing about Gardening: We reap what we sow and eat what is grown as we try to grow edibles in the Flying Seed and Gardens by the Way.
- 2. Favourite Plant: Our banana tree grew and fruited in 7 months!
- 3. If Gardening was a retro show: Modern Family!

- 1. Best thing about CAPTure: CAPTure is a mix of doing, appreciating and sharing! We organise photo trails and get to explore all aspects of photography in different places throughout Singapore, with our unique perspectives. The fact that we are only limited by creativity is what really makes us fun!
- 2. Favourite photo trail: I feel like this photo we took while walking around Tiong Bahru looks the coolest, though we truly believe that our best photos have yet to come!
- 3. If CAPTure was a retro show: Pokemon cause we get to "CAPTure" them all!



CAPTure

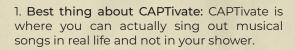


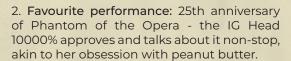


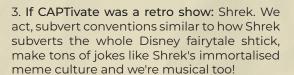


CAPTINSGNC

- 1. Best thing about CAPTinSYNC: The supportive environment that we have. Dance can be quite intimidating for those who don't have experience but regardless of your experience, we welcome anyone who wants to learn and people here always encourage each other which is really nice to see!
- 2. Favourite performance: Arts Showcase 2020! It's a large-scale production that is very beginner friendly and allows CAPTains to experience the joys of performing, and also allows experienced dancers to try their hand at a bigger dance project.
- 3. If CAPTinSYNC was a retro show: High School Musical: The Musical: The Series, Season 2, Episode 5, 19:43















Guitarpella



- 1. Best thing about Guitarpella: We are pretty chill and let you do whatever kind of arrangement you want. You have the freedom to express your musical creativity.
- 2. Favourite performance For one of our welcome back dinner performances, we asked people from every house to film a short tiktok dance for us and we edited the video together on top of our own performance. It was a really fun moment!
- 3. If Guitarpella was a retro show Spongebob Squarepants because: F is for friends who do stuff together, U is for you and me, N is for anywhere and anytime at all~

# PART VIEWTS

# Freshmen Orientation Camp 2021



Kicking off the new academic year with a bang, the Freshmen Orientation Camp (FOC) 2021 warmly welcomed its newest batch of students into the CAPT family. Guided by "Kairos" - Greek for 'an opportune moment' - the three-day camp blended online games and activities to bring about fun, joy, and lasting memories to all participants. It was truly the perfect beginning to the wealth of opportunities and experiences available in CAPT.

# Orientation Committee

### What inspired you to join FOC?

I really enjoyed my FOC experience when I came to CAPT and I hoped to be able to bring the same fun to the next batch. I wanted to make sure they felt welcomed and at home in CAPT when beginning a new chapter of their lives.

- Marilyn

My personal experience in FOC allowed me to make friends comfortably and with more confidence. I really appreciated my OGLs and OG mates who were the first people I met in CAPT and wanted to contribute by planning for an FOC which could bring people together as well! - Wei Shan



## What is your greatest wish for CAPT?

I hope that CAPT will always be a place of limitless opportunities and possibilities, a place where people can explore their interests, learn new things and grow. I also hope that the warm, family-like culture will always be a hallmark of living in CAPT. - Hui Wen



### What is the best supper spot around CAPT?

SuperSnacks ice-cream, if not I'll just get instant noodles from NTUC.

- Marilyn

If taking a bus or walking 30 minutes is not a concern for you, I will defini ely recommend Hong Kong Kitchen at supper stretch. For the vast majority of us (including me!) who cannot commit to such a long commute, a simple supper bought from super snacks enjoyed at UTown Green under the stars is my favourite. - Hui Wen

# OGLS / HIC

### What was your favourite moment from FOC?

I really enjoyed being an OGL and watching the freshmen become more and more comfortable as each day of orientation passed! As one of the programmes head, I was also very happy to hear freshmen talk about how they enjoyed their CAPT FOC experience. - Wei Shan

When I met my OG for the first time, it felt weird knowing that I transitioned from YI to Y2 but it was then that I wanted to help smoothly transition the freshmen into our house and CAPT and ensure they make friends along the way. - Jovan









# If you could describe your experience as a food, what dish would it be? And why?

The peanut butter and jam bread I get for breakfast daily, since it was with everyone coming together that our entire experience was elevated, just as how peanut butter and jam come together to enhance the fl vours of my meal.

- Bing Qian

# What is your biggest takeaway from FOC?

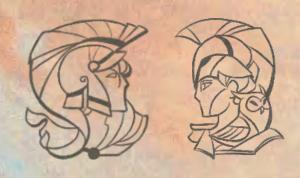
All that really matters from FOC is the friends that we make, and that we can keep these friendships all the way through our CAPT life and hopefully beyond. - Jovan

# **First-year CAPTains**

# If you could change one thing about FOC, what would that be?

Defini ely, an in-person FOC would be amazing! Post FOC, my OGLs went the extra mile to bring our OG on an NUS campus tour (in pairs while using a walkietalkie app to adhere to social distancing measures)! It was really different - engaging with friends in real life, and our whole OG became very close right after.

- Kye Sheen



If you could describe your experience as a food, what dish would it be? And why?

Yong Tau Foo - because the dish itself allows us to choose different ingredients, in the same way the camp allowed me to meet many different new people with different personalities. - Chelsea















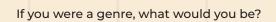
Open Mic 2021 was organised by the 10th Clubs & Societies Committee for CAPTains to showcase their talents and enjoy a relaxing night of music and dance performances. The spirits of CAPTains were high all around, with everyone gathered in lounges to enjoy the performances aired on Zoom together and unwind after a long day.

We asked our talented emcees and performers to share their thoughts about this magical night with us...

# How was your experience performing for your fellow CAPTains?

Deciding to join Open Mic was a very impulsive decision for both of us, and we had to prepare everything in 2 days... but it was a fun experience and we're definitely down to perform again!

- Andra and Nicole



A curry of folk, soul, and R&B with a generous dash of vocal harmonies.

@YAMAHA

- Bernice

Contemporary folk music! Just like how this genre is inspired by traditional folk music with a modern twist, I enjoy a nice chill and relaxed lifestyle with a bit of excitement thrown in the mix from time to time!

- Ting Wei

# CE SPORTS WEEK

Hosted by the 10th Sports Committee, CE Sports Week allowed CAPTains to engage with various communities while working up a sweat. From donating sporting equipment to the Singapore Disability Sports Council by doing pushups, to participating in sports commonly played by the visually impaired such as Goalball and Soundball, CAPTains were able to take a break while empathising with different communities through sports-related activities. Also part of the event line-up, the Alumni Sports Night connected CAPTains of past and present through a pleasant evening of Table Tennis and Badminton.

### 1. What was it like participating in Goalball X Soundball?

It was interesting to try these 2 games as I had never played them before. I also felt quite uncertain and unfamiliar without the sense of sight, and realised how heavily I had relied on it to play sports before. - Lorcan

It was an 'ear' opening experience as we had to rely mostly on our sense of hearing to hit the ball. I like to think of hitting the ball similar to music beats where each bounce of the ball has its own rhythm and you have to be able to catch the rhythm to be able to hit the ball. - Kai Yi



## 2. How else do you think you can use your sporting abilities to help those in need?

One way is to play these sports and games with the visually impaired. By doing so, we also get to mix around and enjoy memorable moments with them too!:) - Lorcan

I hope to be a sighting guide to the visually impaired and help them get used to an environment with my 5 senses! - Kai Yi











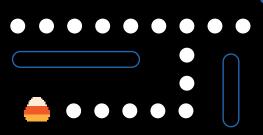






Jointly organised by the 10th SAC and EXA, Halloweek 2021 was a spook-tecular 3 days where CAPTains enjoyed treasure hunting around UTown, giving themselves a fright at the SENSE-ational Five Senses Carnival, and of course not forgetting feasting upon fa-boo-lous halloween treats. It was truly a week filled with fang-tastic fun and laughter!









### Share your thrilling experience planning for this year's Halloween!

There were numerous ups and downs as we had to constantly adapt our plans according to the new safety measures. Nevertheless, I was equipped with amazing co-execs and we managed to make the best of what we had!



# -Kelly

# If you could be a supernatural creature for a day, what would it be and why?

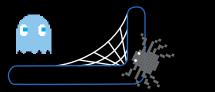
I would be the Grudge so that I can climb out of the screen during Zoom lessons.



### Any spooky tales to share about CAPT?

Not really, but a funny story was that in my Y1S1 suite when zoning was in place, there was an unoccupied room and my suitemates and I decided to name it "NAMELESS". It was pretty funny and we made a big deal out of it. Sometimes, especially during late night conversations, we would scare ourselves for no reason. We also chalked on its door so it wouldn't feel left out. - Rachel





### Share your bone-chilling experience during this year's Halloween

The SAC's haunted house. The scarer sitting on the sofa at the start seemed to be staring directly into my soul. I almost couldn't bring myself to walk past it. HAHAHA! SAC did a good job!

-Rachel



# INTER-NEIGHBOURHOOD GAMES

The start of winter break saw CAPTains participating in the Inter-Neighbourhood Games. Organised by the 10th Sports Committee, representatives from each house competed against each other in various sports, ranging from tennis to tchoukball, and even bouldering! An intense 4-day long schedule pushed CAPTains to the limits, with many participating in several sports to rack up points for their houses. It was delightful to witness the sheer enthusiasm and determination of everyone who participated in the games!



### What is your favourite moment from ING?

Most of us didn't have any experience playing sports at all (some of us learnt the rules and basic skills on the day itself..!). But that's what made the whole experience more memorable — the clumsy moments of trying to figure out a new sport together, the way more experienced players were helping to guide new players and the feelings that came from a team that always supported and encouraged each other no matter what. - Joanne

When I got to see fellow house members work together and have fun in various sports! I think it really was an event that encourages everyone to try out new stuff and bond us together!

- Zong Xian

### What other sports would you like to try out next time?

Dodgeball! I think it'd be fun to try playing Dodge with other tulpies! :-) - Joanne

I would like to try out Tennis next time, since it looks really fun! - Zong Xian











# Welcome Back Dinner

New semester, new beginnings! To kickstart the second half of the academic year, the 10th Student Affairs Committee hosted a cosy dinner to welcome CAPTains back to their second home. Themed ReCAPTing the Good Times, CAPTains donned their old school uniforms, alongside fashionable vintage pieces for an evening of fun and food. It sure is good to see everyone back and coming together for Welcome Back Dinner!









# mrer-coucee eames







# Which RC did you enjoy playing against most and why?

RC4! They were the best team among the RCs and we wanted to see how we would measure up! Especially since most of the Year Is are new to the sport and it gave us an opportunity to play dodgeball in a competitive setting.

-Joel (Dodgeball Captain)

# What is one memory from ICG that you will forever hold close to your heart

It was definitely our victory over Tembusu College that allowed us to qualify for the Semi-finals. The joy on everybody's face when we succeeded in making it to the top 4 is a memory that I will always cherish.

-Joel (Dodgeball Captain)





A highlight of Semester 2, CAPTains pitted their skills against representatives from other Residential Colleges during the annual Inter-College Games! The hardworking nature of CAPTains shone through even when the competition was stiff, with fantastic displays of sportsmanship and determination throughout the season. It was truly a well-spent winter break for everyone. Good job and well done, CAPTains!

YES!

YES!

# ARTS SHOWCASE



Let's hear from Ashley (Arts Showcase Project Director) about her experience!

# How would you describe your ASC experience?

I would use the word "thrilling" to describe my ASC experience, as I was faced with many ups and downs throughout the entire journey, but ultimately seeing the event come to life made all the hard work feel worth it.

# How did it feel to perform for ASC?

It felt really rewarding and exciting to perform for ASC this year as I haven't been able to stand on stage for a while due to the pandemic.

# Which other performance did you enjoy watching and why?

I really enjoyed Jam City's performances! I found it fascinating how the different bands had their own unique sound and interpretations of songs that they covered.

Lights, cameras, action! For the artistically inclined, Arts Showcase was the platform for CAPTains to showcase their many talents. Proudly presented by the 10th Clubs & Societies Committee, the event bedazzled audiences with mesmerising dance moves, catchy tunes, and stellar acting. The quality production was truly a testament to the artistic capacity and discipline of the college!





Paging all gamers! Organised by the 10th Student Affairs Committee, the Inter-Neighbourhood Shield (INS) returned with yet another fun array of games. INS drew out not just the competitive edge of CAPTains with games like Foosball and Just Dance, but also the inner e-gamer with Brawl Stars and Overcooked 2. It was the event for CAPTains to prove their worth and wind down after a hectic mid-terms period!









# TEE Fest

CE Fest is an annual flagship event where CAPTains get the opportunity to interact with hidden communities around Singapore, debunking perceived notions and breeding curiosity through meaningful trails. Instead of depth, CE Fest has always been about breadth and scale. We aim to bring together as many hidden communities and as many CAPTains as possible.

### Why did you decide to join CE Fest?

CE Fest is unique as we explore up to 12 diverse communities in a one-off event. It involves more than 200 CAPTains and up to 30 partner organisations. It allows me to challenge myself in ensuring the smooth running of large-scale CE events.

#### -Chisin





# What is one thing that surprised you during your recee or about your community partner?

What surprised me most was how despite the small size of Alicia Community Centre, it was really well-equipped and nicely decorated. Definitely evokes a sense of safety for LGBTQ+ individuals.

### - Yu Shuang

One thing that surprised me during my recce is that not all rough sleepers have been forced into their situations due to financial hardships — many actually choose to do so as a result of different prevailing circumstances at home, and some are even happier about their choice. One of our partners shared with me how he was happy as long as he could listen to his favourite music artist, Britney Spears.

-Moon





### What do you think is the value of CE Fest?

I think that the value of CE Fest really lies in the motto of rewriting stories. Because of the vast number of hidden communities there are in Singapore and the relative economic prosperity most of us live in, it is rather common (and easy) for us to make assumptions about various communities. However, CE Fest hopes to subvert these assumptions by exposing CAPTains to individuals' unique stories and circumstances first-hand.

### -Moon





# What do you hope trail leaders/ participants will learn from CE Fest?

'Rewriting Stories' is our theme this year. The focus is placed upon changing our perceptions of hidden communities and rewriting the narratives of these hidden communities. We hope that our participants and community partners will create our very own storybook of CE Fest together.

-Chisin

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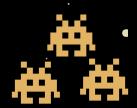
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